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|  | July 2025 |
| Rost, Nordland, Norway |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 12:53 AM    |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 12:53 AM    | Sunrise: 12:53 AM    | Sunrise: 1:43 AM Sunset: 12:51 AM Daylight: 23 hours and 7 minutes.  | Sunrise: 1:56 AM Sunset: 12:38 AM Daylight: 22 hours and 41 minutes.  | Sunrise: 2:06 AM Sunset: 12:28 AM Daylight: 22 hours and 22 minutes.  | Sunrise: 2:15 AM Sunset: 12:20 AM Daylight: 22 hours and 5 minutes.  | Sunrise: 2:22 AM Sunset: 12:12 AM Daylight: 21 hours and 50 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 2:29 AM Sunset: 12:06 AM Daylight: 21 hours and 36 minutes.  | Sunrise: 2:36 AM Sunset: 11:59 PM Daylight: 21 hours and 23 minutes.  | Sunrise: 2:42 AM Sunset: 11:53 PM Daylight: 21 hours and 10 minutes.  | Sunrise: 2:48 AM Sunset: 11:47 PM Daylight: 20 hours and 58 minutes.  | Sunrise: 2:54 AM Sunset: 11:41 PM Daylight: 20 hours and 47 minutes.  | Sunrise: 3:00 AM Sunset: 11:36 PM Daylight: 20 hours and 36 minutes.  | Sunrise: 3:05 AM Sunset: 11:30 PM Daylight: 20 hours and 25 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 3:10 AM Sunset: 11:25 PM Daylight: 20 hours and 14 minutes.  | Sunrise: 3:15 AM Sunset: 11:20 PM Daylight: 20 hours and 4 minutes.  | Sunrise: 3:20 AM Sunset: 11:15 PM Daylight: 19 hours and 54 minutes.  | Sunrise: 3:25 AM Sunset: 11:10 PM Daylight: 19 hours and 44 minutes.  | Sunrise: 3:30 AM Sunset: 11:05 PM Daylight: 19 hours and 34 minutes.  |     |     |