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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Rost, Nordland, Norway | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 12:53 AM |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 12:53 AM | Sunrise: 12:53 AM | Sunrise: 1:43 AM  Sunset: 12:51 AM  Daylight: 23 hours and 7 minutes. | Sunrise: 1:56 AM  Sunset: 12:38 AM  Daylight: 22 hours and 41 minutes. | Sunrise: 2:06 AM  Sunset: 12:28 AM  Daylight: 22 hours and 22 minutes. | Sunrise: 2:15 AM  Sunset: 12:20 AM  Daylight: 22 hours and 5 minutes. | Sunrise: 2:22 AM  Sunset: 12:12 AM  Daylight: 21 hours and 50 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 2:29 AM  Sunset: 12:06 AM  Daylight: 21 hours and 36 minutes. | Sunrise: 2:36 AM  Sunset: 11:59 PM  Daylight: 21 hours and 23 minutes. | Sunrise: 2:42 AM  Sunset: 11:53 PM  Daylight: 21 hours and 10 minutes. | Sunrise: 2:48 AM  Sunset: 11:47 PM  Daylight: 20 hours and 58 minutes. | Sunrise: 2:54 AM  Sunset: 11:41 PM  Daylight: 20 hours and 47 minutes. | Sunrise: 3:00 AM  Sunset: 11:36 PM  Daylight: 20 hours and 36 minutes. | Sunrise: 3:05 AM  Sunset: 11:30 PM  Daylight: 20 hours and 25 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 3:10 AM  Sunset: 11:25 PM  Daylight: 20 hours and 14 minutes. | Sunrise: 3:15 AM  Sunset: 11:20 PM  Daylight: 20 hours and 4 minutes. | Sunrise: 3:20 AM  Sunset: 11:15 PM  Daylight: 19 hours and 54 minutes. | Sunrise: 3:25 AM  Sunset: 11:10 PM  Daylight: 19 hours and 44 minutes. | Sunrise: 3:30 AM  Sunset: 11:05 PM  Daylight: 19 hours and 34 minutes. |  |  |