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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Rockland, Maine, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:57 AM  Sunset: 8:23 PM  Daylight: 15 hours and 26 minutes. | Sunrise: 4:57 AM  Sunset: 8:23 PM  Daylight: 15 hours and 25 minutes. | Sunrise: 4:58 AM  Sunset: 8:23 PM  Daylight: 15 hours and 24 minutes. | Sunrise: 4:58 AM  Sunset: 8:22 PM  Daylight: 15 hours and 24 minutes. | Sunrise: 4:59 AM  Sunset: 8:22 PM  Daylight: 15 hours and 23 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 5:00 AM  Sunset: 8:22 PM  Daylight: 15 hours and 22 minutes. | Sunrise: 5:00 AM  Sunset: 8:21 PM  Daylight: 15 hours and 21 minutes. | Sunrise: 5:01 AM  Sunset: 8:21 PM  Daylight: 15 hours and 20 minutes. | Sunrise: 5:02 AM  Sunset: 8:21 PM  Daylight: 15 hours and 18 minutes. | Sunrise: 5:03 AM  Sunset: 8:20 PM  Daylight: 15 hours and 17 minutes. | Sunrise: 5:03 AM  Sunset: 8:20 PM  Daylight: 15 hours and 16 minutes. | Sunrise: 5:04 AM  Sunset: 8:19 PM  Daylight: 15 hours and 14 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 5:05 AM  Sunset: 8:18 PM  Daylight: 15 hours and 13 minutes. | Sunrise: 5:06 AM  Sunset: 8:18 PM  Daylight: 15 hours and 12 minutes. | Sunrise: 5:07 AM  Sunset: 8:17 PM  Daylight: 15 hours and 10 minutes. | Sunrise: 5:08 AM  Sunset: 8:16 PM  Daylight: 15 hours and 8 minutes. | Sunrise: 5:08 AM  Sunset: 8:16 PM  Daylight: 15 hours and 7 minutes. | Sunrise: 5:09 AM  Sunset: 8:15 PM  Daylight: 15 hours and 5 minutes. | Sunrise: 5:10 AM  Sunset: 8:14 PM  Daylight: 15 hours and 3 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 5:11 AM  Sunset: 8:13 PM  Daylight: 15 hours and 2 minutes. | Sunrise: 5:12 AM  Sunset: 8:12 PM  Daylight: 15 hours and 0 minutes. | Sunrise: 5:13 AM  Sunset: 8:12 PM  Daylight: 14 hours and 58 minutes. | Sunrise: 5:14 AM  Sunset: 8:11 PM  Daylight: 14 hours and 56 minutes. | Sunrise: 5:15 AM  Sunset: 8:10 PM  Daylight: 14 hours and 54 minutes. | Sunrise: 5:16 AM  Sunset: 8:09 PM  Daylight: 14 hours and 52 minutes. | Sunrise: 5:17 AM  Sunset: 8:08 PM  Daylight: 14 hours and 50 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 5:18 AM  Sunset: 8:07 PM  Daylight: 14 hours and 48 minutes. | Sunrise: 5:19 AM  Sunset: 8:06 PM  Daylight: 14 hours and 46 minutes. | Sunrise: 5:20 AM  Sunset: 8:04 PM  Daylight: 14 hours and 43 minutes. | Sunrise: 5:22 AM  Sunset: 8:03 PM  Daylight: 14 hours and 41 minutes. | Sunrise: 5:23 AM  Sunset: 8:02 PM  Daylight: 14 hours and 39 minutes. |  |  |