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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Puolanka, Kainuu, Finland | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 2:28 AM  Sunset: 11:57 PM  Daylight: 21 hours and 29 minutes. | Sunrise: 2:30 AM  Sunset: 11:55 PM  Daylight: 21 hours and 25 minutes. | Sunrise: 2:33 AM  Sunset: 11:53 PM  Daylight: 21 hours and 20 minutes. | Sunrise: 2:36 AM  Sunset: 11:51 PM  Daylight: 21 hours and 15 minutes. | Sunrise: 2:38 AM  Sunset: 11:49 PM  Daylight: 21 hours and 10 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 2:41 AM  Sunset: 11:46 PM  Daylight: 21 hours and 4 minutes. | Sunrise: 2:44 AM  Sunset: 11:43 PM  Daylight: 20 hours and 59 minutes. | Sunrise: 2:47 AM  Sunset: 11:41 PM  Daylight: 20 hours and 53 minutes. | Sunrise: 2:50 AM  Sunset: 11:38 PM  Daylight: 20 hours and 47 minutes. | Sunrise: 2:53 AM  Sunset: 11:35 PM  Daylight: 20 hours and 41 minutes. | Sunrise: 2:56 AM  Sunset: 11:32 PM  Daylight: 20 hours and 35 minutes. | Sunrise: 3:00 AM  Sunset: 11:29 PM  Daylight: 20 hours and 29 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 3:03 AM  Sunset: 11:26 PM  Daylight: 20 hours and 23 minutes. | Sunrise: 3:06 AM  Sunset: 11:23 PM  Daylight: 20 hours and 16 minutes. | Sunrise: 3:10 AM  Sunset: 11:20 PM  Daylight: 20 hours and 10 minutes. | Sunrise: 3:13 AM  Sunset: 11:17 PM  Daylight: 20 hours and 3 minutes. | Sunrise: 3:16 AM  Sunset: 11:14 PM  Daylight: 19 hours and 57 minutes. | Sunrise: 3:20 AM  Sunset: 11:10 PM  Daylight: 19 hours and 50 minutes. | Sunrise: 3:23 AM  Sunset: 11:07 PM  Daylight: 19 hours and 43 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 3:27 AM  Sunset: 11:04 PM  Daylight: 19 hours and 37 minutes. | Sunrise: 3:30 AM  Sunset: 11:00 PM  Daylight: 19 hours and 30 minutes. | Sunrise: 3:34 AM  Sunset: 10:57 PM  Daylight: 19 hours and 23 minutes. | Sunrise: 3:37 AM  Sunset: 10:54 PM  Daylight: 19 hours and 16 minutes. | Sunrise: 3:41 AM  Sunset: 10:50 PM  Daylight: 19 hours and 9 minutes. | Sunrise: 3:44 AM  Sunset: 10:47 PM  Daylight: 19 hours and 2 minutes. | Sunrise: 3:47 AM  Sunset: 10:43 PM  Daylight: 18 hours and 55 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 3:51 AM  Sunset: 10:40 PM  Daylight: 18 hours and 48 minutes. | Sunrise: 3:54 AM  Sunset: 10:36 PM  Daylight: 18 hours and 41 minutes. | Sunrise: 3:58 AM  Sunset: 10:33 PM  Daylight: 18 hours and 35 minutes. | Sunrise: 4:01 AM  Sunset: 10:29 PM  Daylight: 18 hours and 28 minutes. | Sunrise: 4:05 AM  Sunset: 10:26 PM  Daylight: 18 hours and 21 minutes. |  |  |