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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Poughkeepsie, New York, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 5:24 AM  Sunset: 8:34 PM  Daylight: 15 hours and 9 minutes. | Sunrise: 5:25 AM  Sunset: 8:34 PM  Daylight: 15 hours and 8 minutes. | Sunrise: 5:25 AM  Sunset: 8:33 PM  Daylight: 15 hours and 7 minutes. | Sunrise: 5:26 AM  Sunset: 8:33 PM  Daylight: 15 hours and 7 minutes. | Sunrise: 5:27 AM  Sunset: 8:33 PM  Daylight: 15 hours and 6 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 5:27 AM  Sunset: 8:33 PM  Daylight: 15 hours and 5 minutes. | Sunrise: 5:28 AM  Sunset: 8:32 PM  Daylight: 15 hours and 4 minutes. | Sunrise: 5:29 AM  Sunset: 8:32 PM  Daylight: 15 hours and 3 minutes. | Sunrise: 5:29 AM  Sunset: 8:32 PM  Daylight: 15 hours and 2 minutes. | Sunrise: 5:30 AM  Sunset: 8:31 PM  Daylight: 15 hours and 1 minute. | Sunrise: 5:31 AM  Sunset: 8:31 PM  Daylight: 15 hours and 0 minutes. | Sunrise: 5:31 AM  Sunset: 8:30 PM  Daylight: 14 hours and 58 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 5:32 AM  Sunset: 8:30 PM  Daylight: 14 hours and 57 minutes. | Sunrise: 5:33 AM  Sunset: 8:29 PM  Daylight: 14 hours and 56 minutes. | Sunrise: 5:34 AM  Sunset: 8:29 PM  Daylight: 14 hours and 54 minutes. | Sunrise: 5:35 AM  Sunset: 8:28 PM  Daylight: 14 hours and 53 minutes. | Sunrise: 5:35 AM  Sunset: 8:27 PM  Daylight: 14 hours and 51 minutes. | Sunrise: 5:36 AM  Sunset: 8:27 PM  Daylight: 14 hours and 50 minutes. | Sunrise: 5:37 AM  Sunset: 8:26 PM  Daylight: 14 hours and 48 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 5:38 AM  Sunset: 8:25 PM  Daylight: 14 hours and 47 minutes. | Sunrise: 5:39 AM  Sunset: 8:24 PM  Daylight: 14 hours and 45 minutes. | Sunrise: 5:40 AM  Sunset: 8:24 PM  Daylight: 14 hours and 43 minutes. | Sunrise: 5:41 AM  Sunset: 8:23 PM  Daylight: 14 hours and 41 minutes. | Sunrise: 5:42 AM  Sunset: 8:22 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 5:43 AM  Sunset: 8:21 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 5:44 AM  Sunset: 8:20 PM  Daylight: 14 hours and 36 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 5:44 AM  Sunset: 8:19 PM  Daylight: 14 hours and 34 minutes. | Sunrise: 5:45 AM  Sunset: 8:18 PM  Daylight: 14 hours and 32 minutes. | Sunrise: 5:46 AM  Sunset: 8:17 PM  Daylight: 14 hours and 30 minutes. | Sunrise: 5:47 AM  Sunset: 8:16 PM  Daylight: 14 hours and 28 minutes. | Sunrise: 5:48 AM  Sunset: 8:15 PM  Daylight: 14 hours and 26 minutes. |  |  |