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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Pontypool, Wales, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:58 AM  Sunset: 9:33 PM  Daylight: 16 hours and 35 minutes. | Sunrise: 4:58 AM  Sunset: 9:33 PM  Daylight: 16 hours and 34 minutes. | Sunrise: 4:59 AM  Sunset: 9:33 PM  Daylight: 16 hours and 33 minutes. | Sunrise: 5:00 AM  Sunset: 9:32 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 5:01 AM  Sunset: 9:32 PM  Daylight: 16 hours and 30 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 5:02 AM  Sunset: 9:31 PM  Daylight: 16 hours and 29 minutes. | Sunrise: 5:03 AM  Sunset: 9:31 PM  Daylight: 16 hours and 27 minutes. | Sunrise: 5:04 AM  Sunset: 9:30 PM  Daylight: 16 hours and 26 minutes. | Sunrise: 5:05 AM  Sunset: 9:29 PM  Daylight: 16 hours and 24 minutes. | Sunrise: 5:06 AM  Sunset: 9:29 PM  Daylight: 16 hours and 22 minutes. | Sunrise: 5:07 AM  Sunset: 9:28 PM  Daylight: 16 hours and 21 minutes. | Sunrise: 5:08 AM  Sunset: 9:27 PM  Daylight: 16 hours and 19 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 5:09 AM  Sunset: 9:26 PM  Daylight: 16 hours and 17 minutes. | Sunrise: 5:10 AM  Sunset: 9:25 PM  Daylight: 16 hours and 15 minutes. | Sunrise: 5:11 AM  Sunset: 9:24 PM  Daylight: 16 hours and 13 minutes. | Sunrise: 5:12 AM  Sunset: 9:23 PM  Daylight: 16 hours and 10 minutes. | Sunrise: 5:14 AM  Sunset: 9:22 PM  Daylight: 16 hours and 8 minutes. | Sunrise: 5:15 AM  Sunset: 9:21 PM  Daylight: 16 hours and 6 minutes. | Sunrise: 5:16 AM  Sunset: 9:20 PM  Daylight: 16 hours and 3 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 5:17 AM  Sunset: 9:19 PM  Daylight: 16 hours and 1 minute. | Sunrise: 5:19 AM  Sunset: 9:17 PM  Daylight: 15 hours and 58 minutes. | Sunrise: 5:20 AM  Sunset: 9:16 PM  Daylight: 15 hours and 56 minutes. | Sunrise: 5:22 AM  Sunset: 9:15 PM  Daylight: 15 hours and 53 minutes. | Sunrise: 5:23 AM  Sunset: 9:14 PM  Daylight: 15 hours and 50 minutes. | Sunrise: 5:24 AM  Sunset: 9:12 PM  Daylight: 15 hours and 47 minutes. | Sunrise: 5:26 AM  Sunset: 9:11 PM  Daylight: 15 hours and 44 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 5:27 AM  Sunset: 9:09 PM  Daylight: 15 hours and 42 minutes. | Sunrise: 5:29 AM  Sunset: 9:08 PM  Daylight: 15 hours and 39 minutes. | Sunrise: 5:30 AM  Sunset: 9:06 PM  Daylight: 15 hours and 36 minutes. | Sunrise: 5:32 AM  Sunset: 9:05 PM  Daylight: 15 hours and 33 minutes. | Sunrise: 5:33 AM  Sunset: 9:03 PM  Daylight: 15 hours and 29 minutes. |  |  |