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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Polyarnyye Zori, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 2:30 AM | Sunrise: 1:21 AM  Sunset: 12:29 AM  Daylight: 23 hours and 7 minutes. | Sunrise: 1:34 AM  Sunset: 12:17 AM  Daylight: 22 hours and 43 minutes. | Sunrise: 1:44 AM  Sunset: 12:08 AM  Daylight: 22 hours and 24 minutes. | Sunrise: 1:52 AM  Sunset: 11:59 PM  Daylight: 22 hours and 7 minutes. | Sunrise: 1:59 AM  Sunset: 11:52 PM  Daylight: 21 hours and 52 minutes. | Sunrise: 2:06 AM  Sunset: 11:45 PM  Daylight: 21 hours and 39 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 2:13 AM  Sunset: 11:39 PM  Daylight: 21 hours and 26 minutes. | Sunrise: 2:19 AM  Sunset: 11:33 PM  Daylight: 21 hours and 13 minutes. | Sunrise: 2:25 AM  Sunset: 11:27 PM  Daylight: 21 hours and 2 minutes. | Sunrise: 2:31 AM  Sunset: 11:21 PM  Daylight: 20 hours and 50 minutes. | Sunrise: 2:36 AM  Sunset: 11:16 PM  Daylight: 20 hours and 39 minutes. | Sunrise: 2:42 AM  Sunset: 11:11 PM  Daylight: 20 hours and 29 minutes. | Sunrise: 2:47 AM  Sunset: 11:05 PM  Daylight: 20 hours and 18 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 2:52 AM  Sunset: 11:00 PM  Daylight: 20 hours and 8 minutes. | Sunrise: 2:57 AM  Sunset: 10:55 PM  Daylight: 19 hours and 58 minutes. | Sunrise: 3:02 AM  Sunset: 10:50 PM  Daylight: 19 hours and 48 minutes. | Sunrise: 3:07 AM  Sunset: 10:45 PM  Daylight: 19 hours and 38 minutes. | Sunrise: 3:11 AM  Sunset: 10:41 PM  Daylight: 19 hours and 29 minutes. |  |  |