



July 2025

Poland, Maine, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sunrise: 5:02 AM Sunset: 8:28 PM Daylight: 15 hours and 26 minutes.	2 Sunrise: 5:02 AM Sunset: 8:28 PM Daylight: 15 hours and 25 minutes.	3 Sunrise: 5:03 AM Sunset: 8:28 PM Daylight: 15 hours and 24 minutes.	4 Sunrise: 5:04 AM Sunset: 8:27 PM Daylight: 15 hours and 23 minutes.	5 Sunrise: 5:04 AM Sunset: 8:27 PM Daylight: 15 hours and 22 minutes.
6 Sunrise: 5:05 AM Sunset: 8:27 PM Daylight: 15 hours and 21 minutes.	7 Sunrise: 5:06 AM Sunset: 8:26 PM Daylight: 15 hours and 20 minutes.	8 Sunrise: 5:06 AM Sunset: 8:26 PM Daylight: 15 hours and 19 minutes.	9 Sunrise: 5:07 AM Sunset: 8:26 PM Daylight: 15 hours and 18 minutes.	10 Sunrise: 5:08 AM Sunset: 8:25 PM Daylight: 15 hours and 17 minutes.	11 Sunrise: 5:09 AM Sunset: 8:25 PM Daylight: 15 hours and 16 minutes.	12 Sunrise: 5:09 AM Sunset: 8:24 PM Daylight: 15 hours and 14 minutes.
13 Sunrise: 5:10 AM Sunset: 8:23 PM Daylight: 15 hours and 13 minutes.	14 Sunrise: 5:11 AM Sunset: 8:23 PM Daylight: 15 hours and 11 minutes.	15 Sunrise: 5:12 AM Sunset: 8:22 PM Daylight: 15 hours and 10 minutes.	16 Sunrise: 5:13 AM Sunset: 8:21 PM Daylight: 15 hours and 8 minutes.	17 Sunrise: 5:14 AM Sunset: 8:21 PM Daylight: 15 hours and 7 minutes.	18 Sunrise: 5:15 AM Sunset: 8:20 PM Daylight: 15 hours and 5 minutes.	19 Sunrise: 5:16 AM Sunset: 8:19 PM Daylight: 15 hours and 3 minutes.
20 Sunrise: 5:17 AM Sunset: 8:18 PM Daylight: 15 hours and 1 minute.	21 Sunrise: 5:18 AM Sunset: 8:17 PM Daylight: 14 hours and 59 minutes.	22 Sunrise: 5:19 AM Sunset: 8:17 PM Daylight: 14 hours and 58 minutes.	23 Sunrise: 5:20 AM Sunset: 8:16 PM Daylight: 14 hours and 56 minutes.	24 Sunrise: 5:21 AM Sunset: 8:15 PM Daylight: 14 hours and 54 minutes.	25 Sunrise: 5:22 AM Sunset: 8:14 PM Daylight: 14 hours and 52 minutes.	26 Sunrise: 5:23 AM Sunset: 8:13 PM Daylight: 14 hours and 50 minutes.
27 Sunrise: 5:24 AM Sunset: 8:12 PM Daylight: 14 hours and 48 minutes.	28 Sunrise: 5:25 AM Sunset: 8:11 PM Daylight: 14 hours and 45 minutes.	29 Sunrise: 5:26 AM Sunset: 8:09 PM Daylight: 14 hours and 43 minutes.	30 Sunrise: 5:27 AM Sunset: 8:08 PM Daylight: 14 hours and 41 minutes.	31 Sunrise: 5:28 AM Sunset: 8:07 PM Daylight: 14 hours and 39 minutes.		