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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Nizhniy Lomov, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 3:40 AM  Sunset: 8:37 PM  Daylight: 16 hours and 57 minutes. | Sunrise: 3:41 AM  Sunset: 8:37 PM  Daylight: 16 hours and 55 minutes. | Sunrise: 3:42 AM  Sunset: 8:36 PM  Daylight: 16 hours and 54 minutes. | Sunrise: 3:43 AM  Sunset: 8:36 PM  Daylight: 16 hours and 53 minutes. | Sunrise: 3:43 AM  Sunset: 8:35 PM  Daylight: 16 hours and 51 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 3:44 AM  Sunset: 8:35 PM  Daylight: 16 hours and 50 minutes. | Sunrise: 3:45 AM  Sunset: 8:34 PM  Daylight: 16 hours and 48 minutes. | Sunrise: 3:46 AM  Sunset: 8:33 PM  Daylight: 16 hours and 46 minutes. | Sunrise: 3:47 AM  Sunset: 8:33 PM  Daylight: 16 hours and 45 minutes. | Sunrise: 3:49 AM  Sunset: 8:32 PM  Daylight: 16 hours and 43 minutes. | Sunrise: 3:50 AM  Sunset: 8:31 PM  Daylight: 16 hours and 41 minutes. | Sunrise: 3:51 AM  Sunset: 8:30 PM  Daylight: 16 hours and 39 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 3:52 AM  Sunset: 8:29 PM  Daylight: 16 hours and 36 minutes. | Sunrise: 3:53 AM  Sunset: 8:28 PM  Daylight: 16 hours and 34 minutes. | Sunrise: 3:55 AM  Sunset: 8:27 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 3:56 AM  Sunset: 8:26 PM  Daylight: 16 hours and 29 minutes. | Sunrise: 3:57 AM  Sunset: 8:25 PM  Daylight: 16 hours and 27 minutes. | Sunrise: 3:59 AM  Sunset: 8:23 PM  Daylight: 16 hours and 24 minutes. | Sunrise: 4:00 AM  Sunset: 8:22 PM  Daylight: 16 hours and 22 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:02 AM  Sunset: 8:21 PM  Daylight: 16 hours and 19 minutes. | Sunrise: 4:03 AM  Sunset: 8:19 PM  Daylight: 16 hours and 16 minutes. | Sunrise: 4:04 AM  Sunset: 8:18 PM  Daylight: 16 hours and 13 minutes. | Sunrise: 4:06 AM  Sunset: 8:17 PM  Daylight: 16 hours and 10 minutes. | Sunrise: 4:07 AM  Sunset: 8:15 PM  Daylight: 16 hours and 7 minutes. | Sunrise: 4:09 AM  Sunset: 8:14 PM  Daylight: 16 hours and 4 minutes. | Sunrise: 4:11 AM  Sunset: 8:12 PM  Daylight: 16 hours and 1 minute. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:12 AM  Sunset: 8:11 PM  Daylight: 15 hours and 58 minutes. | Sunrise: 4:14 AM  Sunset: 8:09 PM  Daylight: 15 hours and 55 minutes. | Sunrise: 4:15 AM  Sunset: 8:07 PM  Daylight: 15 hours and 51 minutes. | Sunrise: 4:17 AM  Sunset: 8:06 PM  Daylight: 15 hours and 48 minutes. | Sunrise: 4:19 AM  Sunset: 8:04 PM  Daylight: 15 hours and 45 minutes. |  |  |