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|  | July 2025 |
| Miyota, Nagano, Japan |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 4:31 AM Sunset: 7:07 PM Daylight: 14 hours and 35 minutes.  | Sunrise: 4:32 AM Sunset: 7:07 PM Daylight: 14 hours and 35 minutes.  | Sunrise: 4:32 AM Sunset: 7:07 PM Daylight: 14 hours and 34 minutes.  | Sunrise: 4:33 AM Sunset: 7:07 PM Daylight: 14 hours and 34 minutes.  | Sunrise: 4:33 AM Sunset: 7:07 PM Daylight: 14 hours and 33 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 4:34 AM Sunset: 7:07 PM Daylight: 14 hours and 32 minutes.  | Sunrise: 4:34 AM Sunset: 7:06 PM Daylight: 14 hours and 31 minutes.  | Sunrise: 4:35 AM Sunset: 7:06 PM Daylight: 14 hours and 31 minutes.  | Sunrise: 4:36 AM Sunset: 7:06 PM Daylight: 14 hours and 30 minutes.  | Sunrise: 4:36 AM Sunset: 7:05 PM Daylight: 14 hours and 29 minutes.  | Sunrise: 4:37 AM Sunset: 7:05 PM Daylight: 14 hours and 28 minutes.  | Sunrise: 4:37 AM Sunset: 7:05 PM Daylight: 14 hours and 27 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 4:38 AM Sunset: 7:04 PM Daylight: 14 hours and 26 minutes.  | Sunrise: 4:39 AM Sunset: 7:04 PM Daylight: 14 hours and 25 minutes.  | Sunrise: 4:39 AM Sunset: 7:04 PM Daylight: 14 hours and 24 minutes.  | Sunrise: 4:40 AM Sunset: 7:03 PM Daylight: 14 hours and 22 minutes.  | Sunrise: 4:41 AM Sunset: 7:03 PM Daylight: 14 hours and 21 minutes.  | Sunrise: 4:41 AM Sunset: 7:02 PM Daylight: 14 hours and 20 minutes.  | Sunrise: 4:42 AM Sunset: 7:01 PM Daylight: 14 hours and 19 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 4:43 AM Sunset: 7:01 PM Daylight: 14 hours and 17 minutes.  | Sunrise: 4:44 AM Sunset: 7:00 PM Daylight: 14 hours and 16 minutes.  | Sunrise: 4:44 AM Sunset: 7:00 PM Daylight: 14 hours and 15 minutes.  | Sunrise: 4:45 AM Sunset: 6:59 PM Daylight: 14 hours and 13 minutes.  | Sunrise: 4:46 AM Sunset: 6:58 PM Daylight: 14 hours and 12 minutes.  | Sunrise: 4:47 AM Sunset: 6:57 PM Daylight: 14 hours and 10 minutes.  | Sunrise: 4:47 AM Sunset: 6:57 PM Daylight: 14 hours and 9 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 4:48 AM Sunset: 6:56 PM Daylight: 14 hours and 7 minutes.  | Sunrise: 4:49 AM Sunset: 6:55 PM Daylight: 14 hours and 6 minutes.  | Sunrise: 4:50 AM Sunset: 6:54 PM Daylight: 14 hours and 4 minutes.  | Sunrise: 4:50 AM Sunset: 6:53 PM Daylight: 14 hours and 2 minutes.  | Sunrise: 4:51 AM Sunset: 6:53 PM Daylight: 14 hours and 1 minute.  |     |     |