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|  | July 2025 |
| Middlesbrough, England, United Kingdom |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 4:33 AM Sunset: 9:44 PM Daylight: 17 hours and 10 minutes.  | Sunrise: 4:34 AM Sunset: 9:43 PM Daylight: 17 hours and 9 minutes.  | Sunrise: 4:35 AM Sunset: 9:43 PM Daylight: 17 hours and 8 minutes.  | Sunrise: 4:36 AM Sunset: 9:42 PM Daylight: 17 hours and 6 minutes.  | Sunrise: 4:36 AM Sunset: 9:42 PM Daylight: 17 hours and 5 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 4:37 AM Sunset: 9:41 PM Daylight: 17 hours and 3 minutes.  | Sunrise: 4:39 AM Sunset: 9:40 PM Daylight: 17 hours and 1 minute.  | Sunrise: 4:40 AM Sunset: 9:39 PM Daylight: 16 hours and 59 minutes.  | Sunrise: 4:41 AM Sunset: 9:39 PM Daylight: 16 hours and 57 minutes.  | Sunrise: 4:42 AM Sunset: 9:38 PM Daylight: 16 hours and 55 minutes.  | Sunrise: 4:43 AM Sunset: 9:37 PM Daylight: 16 hours and 53 minutes.  | Sunrise: 4:44 AM Sunset: 9:36 PM Daylight: 16 hours and 51 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 4:46 AM Sunset: 9:35 PM Daylight: 16 hours and 49 minutes.  | Sunrise: 4:47 AM Sunset: 9:34 PM Daylight: 16 hours and 46 minutes.  | Sunrise: 4:48 AM Sunset: 9:33 PM Daylight: 16 hours and 44 minutes.  | Sunrise: 4:50 AM Sunset: 9:31 PM Daylight: 16 hours and 41 minutes.  | Sunrise: 4:51 AM Sunset: 9:30 PM Daylight: 16 hours and 39 minutes.  | Sunrise: 4:53 AM Sunset: 9:29 PM Daylight: 16 hours and 36 minutes.  | Sunrise: 4:54 AM Sunset: 9:27 PM Daylight: 16 hours and 33 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 4:56 AM Sunset: 9:26 PM Daylight: 16 hours and 30 minutes.  | Sunrise: 4:57 AM Sunset: 9:25 PM Daylight: 16 hours and 27 minutes.  | Sunrise: 4:59 AM Sunset: 9:23 PM Daylight: 16 hours and 24 minutes.  | Sunrise: 5:00 AM Sunset: 9:22 PM Daylight: 16 hours and 21 minutes.  | Sunrise: 5:02 AM Sunset: 9:20 PM Daylight: 16 hours and 18 minutes.  | Sunrise: 5:03 AM Sunset: 9:19 PM Daylight: 16 hours and 15 minutes.  | Sunrise: 5:05 AM Sunset: 9:17 PM Daylight: 16 hours and 11 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 5:07 AM Sunset: 9:15 PM Daylight: 16 hours and 8 minutes.  | Sunrise: 5:08 AM Sunset: 9:14 PM Daylight: 16 hours and 5 minutes.  | Sunrise: 5:10 AM Sunset: 9:12 PM Daylight: 16 hours and 1 minute.  | Sunrise: 5:12 AM Sunset: 9:10 PM Daylight: 15 hours and 58 minutes.  | Sunrise: 5:14 AM Sunset: 9:08 PM Daylight: 15 hours and 54 minutes.  |     |     |