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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Middlesbrough, England, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:33 AM  Sunset: 9:44 PM  Daylight: 17 hours and 10 minutes. | Sunrise: 4:34 AM  Sunset: 9:43 PM  Daylight: 17 hours and 9 minutes. | Sunrise: 4:35 AM  Sunset: 9:43 PM  Daylight: 17 hours and 8 minutes. | Sunrise: 4:36 AM  Sunset: 9:42 PM  Daylight: 17 hours and 6 minutes. | Sunrise: 4:36 AM  Sunset: 9:42 PM  Daylight: 17 hours and 5 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 4:37 AM  Sunset: 9:41 PM  Daylight: 17 hours and 3 minutes. | Sunrise: 4:39 AM  Sunset: 9:40 PM  Daylight: 17 hours and 1 minute. | Sunrise: 4:40 AM  Sunset: 9:39 PM  Daylight: 16 hours and 59 minutes. | Sunrise: 4:41 AM  Sunset: 9:39 PM  Daylight: 16 hours and 57 minutes. | Sunrise: 4:42 AM  Sunset: 9:38 PM  Daylight: 16 hours and 55 minutes. | Sunrise: 4:43 AM  Sunset: 9:37 PM  Daylight: 16 hours and 53 minutes. | Sunrise: 4:44 AM  Sunset: 9:36 PM  Daylight: 16 hours and 51 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:46 AM  Sunset: 9:35 PM  Daylight: 16 hours and 49 minutes. | Sunrise: 4:47 AM  Sunset: 9:34 PM  Daylight: 16 hours and 46 minutes. | Sunrise: 4:48 AM  Sunset: 9:33 PM  Daylight: 16 hours and 44 minutes. | Sunrise: 4:50 AM  Sunset: 9:31 PM  Daylight: 16 hours and 41 minutes. | Sunrise: 4:51 AM  Sunset: 9:30 PM  Daylight: 16 hours and 39 minutes. | Sunrise: 4:53 AM  Sunset: 9:29 PM  Daylight: 16 hours and 36 minutes. | Sunrise: 4:54 AM  Sunset: 9:27 PM  Daylight: 16 hours and 33 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:56 AM  Sunset: 9:26 PM  Daylight: 16 hours and 30 minutes. | Sunrise: 4:57 AM  Sunset: 9:25 PM  Daylight: 16 hours and 27 minutes. | Sunrise: 4:59 AM  Sunset: 9:23 PM  Daylight: 16 hours and 24 minutes. | Sunrise: 5:00 AM  Sunset: 9:22 PM  Daylight: 16 hours and 21 minutes. | Sunrise: 5:02 AM  Sunset: 9:20 PM  Daylight: 16 hours and 18 minutes. | Sunrise: 5:03 AM  Sunset: 9:19 PM  Daylight: 16 hours and 15 minutes. | Sunrise: 5:05 AM  Sunset: 9:17 PM  Daylight: 16 hours and 11 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 5:07 AM  Sunset: 9:15 PM  Daylight: 16 hours and 8 minutes. | Sunrise: 5:08 AM  Sunset: 9:14 PM  Daylight: 16 hours and 5 minutes. | Sunrise: 5:10 AM  Sunset: 9:12 PM  Daylight: 16 hours and 1 minute. | Sunrise: 5:12 AM  Sunset: 9:10 PM  Daylight: 15 hours and 58 minutes. | Sunrise: 5:14 AM  Sunset: 9:08 PM  Daylight: 15 hours and 54 minutes. |  |  |