|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Lovozero, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 1:14 AM  Sunset: 12:18 AM  Daylight: 23 hours and 4 minutes. | Sunrise: 1:27 AM  Sunset: 12:04 AM  Daylight: 22 hours and 37 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 1:38 AM  Sunset: 11:54 PM  Daylight: 22 hours and 16 minutes. | Sunrise: 1:47 AM  Sunset: 11:45 PM  Daylight: 21 hours and 58 minutes. | Sunrise: 1:55 AM  Sunset: 11:37 PM  Daylight: 21 hours and 42 minutes. | Sunrise: 2:02 AM  Sunset: 11:30 PM  Daylight: 21 hours and 27 minutes. | Sunrise: 2:09 AM  Sunset: 11:23 PM  Daylight: 21 hours and 14 minutes. | Sunrise: 2:15 AM  Sunset: 11:17 PM  Daylight: 21 hours and 1 minute. | Sunrise: 2:22 AM  Sunset: 11:10 PM  Daylight: 20 hours and 48 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 2:28 AM  Sunset: 11:04 PM  Daylight: 20 hours and 36 minutes. | Sunrise: 2:33 AM  Sunset: 10:59 PM  Daylight: 20 hours and 25 minutes. | Sunrise: 2:39 AM  Sunset: 10:53 PM  Daylight: 20 hours and 13 minutes. | Sunrise: 2:44 AM  Sunset: 10:47 PM  Daylight: 20 hours and 2 minutes. | Sunrise: 2:50 AM  Sunset: 10:42 PM  Daylight: 19 hours and 52 minutes. |  |  |