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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Lhasa, Tibet, China | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 6:58 AM  Sunset: 8:59 PM  Daylight: 14 hours and 1 minute. | Sunrise: 6:59 AM  Sunset: 8:59 PM  Daylight: 14 hours and 0 minutes. | Sunrise: 6:59 AM  Sunset: 8:59 PM  Daylight: 14 hours and 0 minutes. | Sunrise: 7:00 AM  Sunset: 8:59 PM  Daylight: 13 hours and 59 minutes. | Sunrise: 7:00 AM  Sunset: 8:59 PM  Daylight: 13 hours and 59 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 7:01 AM  Sunset: 8:59 PM  Daylight: 13 hours and 58 minutes. | Sunrise: 7:01 AM  Sunset: 8:59 PM  Daylight: 13 hours and 58 minutes. | Sunrise: 7:01 AM  Sunset: 8:59 PM  Daylight: 13 hours and 57 minutes. | Sunrise: 7:02 AM  Sunset: 8:59 PM  Daylight: 13 hours and 56 minutes. | Sunrise: 7:02 AM  Sunset: 8:59 PM  Daylight: 13 hours and 56 minutes. | Sunrise: 7:03 AM  Sunset: 8:58 PM  Daylight: 13 hours and 55 minutes. | Sunrise: 7:03 AM  Sunset: 8:58 PM  Daylight: 13 hours and 54 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 7:04 AM  Sunset: 8:58 PM  Daylight: 13 hours and 53 minutes. | Sunrise: 7:04 AM  Sunset: 8:58 PM  Daylight: 13 hours and 53 minutes. | Sunrise: 7:05 AM  Sunset: 8:57 PM  Daylight: 13 hours and 52 minutes. | Sunrise: 7:06 AM  Sunset: 8:57 PM  Daylight: 13 hours and 51 minutes. | Sunrise: 7:06 AM  Sunset: 8:56 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 7:07 AM  Sunset: 8:56 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 7:07 AM  Sunset: 8:56 PM  Daylight: 13 hours and 48 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 7:08 AM  Sunset: 8:55 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 7:08 AM  Sunset: 8:55 PM  Daylight: 13 hours and 46 minutes. | Sunrise: 7:09 AM  Sunset: 8:54 PM  Daylight: 13 hours and 45 minutes. | Sunrise: 7:09 AM  Sunset: 8:54 PM  Daylight: 13 hours and 44 minutes. | Sunrise: 7:10 AM  Sunset: 8:53 PM  Daylight: 13 hours and 43 minutes. | Sunrise: 7:11 AM  Sunset: 8:53 PM  Daylight: 13 hours and 42 minutes. | Sunrise: 7:11 AM  Sunset: 8:52 PM  Daylight: 13 hours and 40 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 7:12 AM  Sunset: 8:52 PM  Daylight: 13 hours and 39 minutes. | Sunrise: 7:12 AM  Sunset: 8:51 PM  Daylight: 13 hours and 38 minutes. | Sunrise: 7:13 AM  Sunset: 8:50 PM  Daylight: 13 hours and 37 minutes. | Sunrise: 7:14 AM  Sunset: 8:50 PM  Daylight: 13 hours and 36 minutes. | Sunrise: 7:14 AM  Sunset: 8:49 PM  Daylight: 13 hours and 34 minutes. |  |  |