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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Lena, Innlandet, Norway | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 3:51 AM  Sunset: 10:49 PM  Daylight: 18 hours and 58 minutes. | Sunrise: 3:52 AM  Sunset: 10:49 PM  Daylight: 18 hours and 56 minutes. | Sunrise: 3:53 AM  Sunset: 10:48 PM  Daylight: 18 hours and 54 minutes. | Sunrise: 3:54 AM  Sunset: 10:47 PM  Daylight: 18 hours and 52 minutes. | Sunrise: 3:56 AM  Sunset: 10:46 PM  Daylight: 18 hours and 49 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 3:57 AM  Sunset: 10:45 PM  Daylight: 18 hours and 47 minutes. | Sunrise: 3:59 AM  Sunset: 10:43 PM  Daylight: 18 hours and 44 minutes. | Sunrise: 4:01 AM  Sunset: 10:42 PM  Daylight: 18 hours and 41 minutes. | Sunrise: 4:02 AM  Sunset: 10:41 PM  Daylight: 18 hours and 38 minutes. | Sunrise: 4:04 AM  Sunset: 10:39 PM  Daylight: 18 hours and 35 minutes. | Sunrise: 4:06 AM  Sunset: 10:38 PM  Daylight: 18 hours and 32 minutes. | Sunrise: 4:08 AM  Sunset: 10:36 PM  Daylight: 18 hours and 28 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:10 AM  Sunset: 10:35 PM  Daylight: 18 hours and 24 minutes. | Sunrise: 4:11 AM  Sunset: 10:33 PM  Daylight: 18 hours and 21 minutes. | Sunrise: 4:13 AM  Sunset: 10:31 PM  Daylight: 18 hours and 17 minutes. | Sunrise: 4:16 AM  Sunset: 10:29 PM  Daylight: 18 hours and 13 minutes. | Sunrise: 4:18 AM  Sunset: 10:27 PM  Daylight: 18 hours and 9 minutes. | Sunrise: 4:20 AM  Sunset: 10:25 PM  Daylight: 18 hours and 5 minutes. | Sunrise: 4:22 AM  Sunset: 10:23 PM  Daylight: 18 hours and 1 minute. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:24 AM  Sunset: 10:21 PM  Daylight: 17 hours and 57 minutes. | Sunrise: 4:26 AM  Sunset: 10:19 PM  Daylight: 17 hours and 52 minutes. | Sunrise: 4:29 AM  Sunset: 10:17 PM  Daylight: 17 hours and 48 minutes. | Sunrise: 4:31 AM  Sunset: 10:15 PM  Daylight: 17 hours and 43 minutes. | Sunrise: 4:33 AM  Sunset: 10:12 PM  Daylight: 17 hours and 39 minutes. | Sunrise: 4:36 AM  Sunset: 10:10 PM  Daylight: 17 hours and 34 minutes. | Sunrise: 4:38 AM  Sunset: 10:08 PM  Daylight: 17 hours and 29 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:40 AM  Sunset: 10:05 PM  Daylight: 17 hours and 25 minutes. | Sunrise: 4:43 AM  Sunset: 10:03 PM  Daylight: 17 hours and 20 minutes. | Sunrise: 4:45 AM  Sunset: 10:00 PM  Daylight: 17 hours and 15 minutes. | Sunrise: 4:47 AM  Sunset: 9:58 PM  Daylight: 17 hours and 10 minutes. | Sunrise: 4:50 AM  Sunset: 9:55 PM  Daylight: 17 hours and 5 minutes. |  |  |