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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Kamaishi, Iwate, Japan | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:09 AM  Sunset: 7:03 PM  Daylight: 14 hours and 53 minutes. | Sunrise: 4:10 AM  Sunset: 7:02 PM  Daylight: 14 hours and 52 minutes. | Sunrise: 4:10 AM  Sunset: 7:02 PM  Daylight: 14 hours and 52 minutes. | Sunrise: 4:11 AM  Sunset: 7:02 PM  Daylight: 14 hours and 51 minutes. | Sunrise: 4:11 AM  Sunset: 7:02 PM  Daylight: 14 hours and 50 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 4:12 AM  Sunset: 7:02 PM  Daylight: 14 hours and 49 minutes. | Sunrise: 4:12 AM  Sunset: 7:01 PM  Daylight: 14 hours and 48 minutes. | Sunrise: 4:13 AM  Sunset: 7:01 PM  Daylight: 14 hours and 48 minutes. | Sunrise: 4:14 AM  Sunset: 7:01 PM  Daylight: 14 hours and 47 minutes. | Sunrise: 4:14 AM  Sunset: 7:00 PM  Daylight: 14 hours and 46 minutes. | Sunrise: 4:15 AM  Sunset: 7:00 PM  Daylight: 14 hours and 45 minutes. | Sunrise: 4:16 AM  Sunset: 7:00 PM  Daylight: 14 hours and 43 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:16 AM  Sunset: 6:59 PM  Daylight: 14 hours and 42 minutes. | Sunrise: 4:17 AM  Sunset: 6:59 PM  Daylight: 14 hours and 41 minutes. | Sunrise: 4:18 AM  Sunset: 6:58 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 4:19 AM  Sunset: 6:58 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 4:19 AM  Sunset: 6:57 PM  Daylight: 14 hours and 37 minutes. | Sunrise: 4:20 AM  Sunset: 6:56 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:21 AM  Sunset: 6:56 PM  Daylight: 14 hours and 34 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:22 AM  Sunset: 6:55 PM  Daylight: 14 hours and 33 minutes. | Sunrise: 4:23 AM  Sunset: 6:54 PM  Daylight: 14 hours and 31 minutes. | Sunrise: 4:23 AM  Sunset: 6:54 PM  Daylight: 14 hours and 30 minutes. | Sunrise: 4:24 AM  Sunset: 6:53 PM  Daylight: 14 hours and 28 minutes. | Sunrise: 4:25 AM  Sunset: 6:52 PM  Daylight: 14 hours and 27 minutes. | Sunrise: 4:26 AM  Sunset: 6:51 PM  Daylight: 14 hours and 25 minutes. | Sunrise: 4:27 AM  Sunset: 6:50 PM  Daylight: 14 hours and 23 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:28 AM  Sunset: 6:50 PM  Daylight: 14 hours and 21 minutes. | Sunrise: 4:29 AM  Sunset: 6:49 PM  Daylight: 14 hours and 20 minutes. | Sunrise: 4:29 AM  Sunset: 6:48 PM  Daylight: 14 hours and 18 minutes. | Sunrise: 4:30 AM  Sunset: 6:47 PM  Daylight: 14 hours and 16 minutes. | Sunrise: 4:31 AM  Sunset: 6:46 PM  Daylight: 14 hours and 14 minutes. |  |  |