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|  | July 2025 |
| Istok, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 4:09 AM Sunset: 9:52 PM Daylight: 17 hours and 43 minutes.  | Sunrise: 4:10 AM Sunset: 9:51 PM Daylight: 17 hours and 41 minutes.  | Sunrise: 4:11 AM Sunset: 9:51 PM Daylight: 17 hours and 40 minutes.  | Sunrise: 4:12 AM Sunset: 9:50 PM Daylight: 17 hours and 38 minutes.  | Sunrise: 4:13 AM Sunset: 9:49 PM Daylight: 17 hours and 36 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 4:14 AM Sunset: 9:49 PM Daylight: 17 hours and 34 minutes.  | Sunrise: 4:15 AM Sunset: 9:48 PM Daylight: 17 hours and 32 minutes.  | Sunrise: 4:16 AM Sunset: 9:47 PM Daylight: 17 hours and 30 minutes.  | Sunrise: 4:17 AM Sunset: 9:46 PM Daylight: 17 hours and 28 minutes.  | Sunrise: 4:19 AM Sunset: 9:45 PM Daylight: 17 hours and 26 minutes.  | Sunrise: 4:20 AM Sunset: 9:44 PM Daylight: 17 hours and 23 minutes.  | Sunrise: 4:21 AM Sunset: 9:43 PM Daylight: 17 hours and 21 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 4:23 AM Sunset: 9:41 PM Daylight: 17 hours and 18 minutes.  | Sunrise: 4:24 AM Sunset: 9:40 PM Daylight: 17 hours and 15 minutes.  | Sunrise: 4:26 AM Sunset: 9:39 PM Daylight: 17 hours and 12 minutes.  | Sunrise: 4:28 AM Sunset: 9:37 PM Daylight: 17 hours and 9 minutes.  | Sunrise: 4:29 AM Sunset: 9:36 PM Daylight: 17 hours and 6 minutes.  | Sunrise: 4:31 AM Sunset: 9:35 PM Daylight: 17 hours and 3 minutes.  | Sunrise: 4:32 AM Sunset: 9:33 PM Daylight: 17 hours and 0 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 4:34 AM Sunset: 9:31 PM Daylight: 16 hours and 57 minutes.  | Sunrise: 4:36 AM Sunset: 9:30 PM Daylight: 16 hours and 53 minutes.  | Sunrise: 4:38 AM Sunset: 9:28 PM Daylight: 16 hours and 50 minutes.  | Sunrise: 4:39 AM Sunset: 9:26 PM Daylight: 16 hours and 47 minutes.  | Sunrise: 4:41 AM Sunset: 9:25 PM Daylight: 16 hours and 43 minutes.  | Sunrise: 4:43 AM Sunset: 9:23 PM Daylight: 16 hours and 39 minutes.  | Sunrise: 4:45 AM Sunset: 9:21 PM Daylight: 16 hours and 36 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 4:47 AM Sunset: 9:19 PM Daylight: 16 hours and 32 minutes.  | Sunrise: 4:49 AM Sunset: 9:17 PM Daylight: 16 hours and 28 minutes.  | Sunrise: 4:50 AM Sunset: 9:15 PM Daylight: 16 hours and 24 minutes.  | Sunrise: 4:52 AM Sunset: 9:13 PM Daylight: 16 hours and 20 minutes.  | Sunrise: 4:54 AM Sunset: 9:11 PM Daylight: 16 hours and 16 minutes.  |     |     |