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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Istok, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 4:09 AM  Sunset: 9:52 PM  Daylight: 17 hours and 43 minutes. | Sunrise: 4:10 AM  Sunset: 9:51 PM  Daylight: 17 hours and 41 minutes. | Sunrise: 4:11 AM  Sunset: 9:51 PM  Daylight: 17 hours and 40 minutes. | Sunrise: 4:12 AM  Sunset: 9:50 PM  Daylight: 17 hours and 38 minutes. | Sunrise: 4:13 AM  Sunset: 9:49 PM  Daylight: 17 hours and 36 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 4:14 AM  Sunset: 9:49 PM  Daylight: 17 hours and 34 minutes. | Sunrise: 4:15 AM  Sunset: 9:48 PM  Daylight: 17 hours and 32 minutes. | Sunrise: 4:16 AM  Sunset: 9:47 PM  Daylight: 17 hours and 30 minutes. | Sunrise: 4:17 AM  Sunset: 9:46 PM  Daylight: 17 hours and 28 minutes. | Sunrise: 4:19 AM  Sunset: 9:45 PM  Daylight: 17 hours and 26 minutes. | Sunrise: 4:20 AM  Sunset: 9:44 PM  Daylight: 17 hours and 23 minutes. | Sunrise: 4:21 AM  Sunset: 9:43 PM  Daylight: 17 hours and 21 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:23 AM  Sunset: 9:41 PM  Daylight: 17 hours and 18 minutes. | Sunrise: 4:24 AM  Sunset: 9:40 PM  Daylight: 17 hours and 15 minutes. | Sunrise: 4:26 AM  Sunset: 9:39 PM  Daylight: 17 hours and 12 minutes. | Sunrise: 4:28 AM  Sunset: 9:37 PM  Daylight: 17 hours and 9 minutes. | Sunrise: 4:29 AM  Sunset: 9:36 PM  Daylight: 17 hours and 6 minutes. | Sunrise: 4:31 AM  Sunset: 9:35 PM  Daylight: 17 hours and 3 minutes. | Sunrise: 4:32 AM  Sunset: 9:33 PM  Daylight: 17 hours and 0 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:34 AM  Sunset: 9:31 PM  Daylight: 16 hours and 57 minutes. | Sunrise: 4:36 AM  Sunset: 9:30 PM  Daylight: 16 hours and 53 minutes. | Sunrise: 4:38 AM  Sunset: 9:28 PM  Daylight: 16 hours and 50 minutes. | Sunrise: 4:39 AM  Sunset: 9:26 PM  Daylight: 16 hours and 47 minutes. | Sunrise: 4:41 AM  Sunset: 9:25 PM  Daylight: 16 hours and 43 minutes. | Sunrise: 4:43 AM  Sunset: 9:23 PM  Daylight: 16 hours and 39 minutes. | Sunrise: 4:45 AM  Sunset: 9:21 PM  Daylight: 16 hours and 36 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:47 AM  Sunset: 9:19 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 4:49 AM  Sunset: 9:17 PM  Daylight: 16 hours and 28 minutes. | Sunrise: 4:50 AM  Sunset: 9:15 PM  Daylight: 16 hours and 24 minutes. | Sunrise: 4:52 AM  Sunset: 9:13 PM  Daylight: 16 hours and 20 minutes. | Sunrise: 4:54 AM  Sunset: 9:11 PM  Daylight: 16 hours and 16 minutes. |  |  |