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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Helin, Chongqing, China | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 5:50 AM  Sunset: 7:55 PM  Daylight: 14 hours and 5 minutes. | Sunrise: 5:50 AM  Sunset: 7:55 PM  Daylight: 14 hours and 5 minutes. | Sunrise: 5:51 AM  Sunset: 7:55 PM  Daylight: 14 hours and 4 minutes. | Sunrise: 5:51 AM  Sunset: 7:55 PM  Daylight: 14 hours and 4 minutes. | Sunrise: 5:52 AM  Sunset: 7:55 PM  Daylight: 14 hours and 3 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 5:52 AM  Sunset: 7:55 PM  Daylight: 14 hours and 3 minutes. | Sunrise: 5:52 AM  Sunset: 7:55 PM  Daylight: 14 hours and 2 minutes. | Sunrise: 5:53 AM  Sunset: 7:55 PM  Daylight: 14 hours and 1 minute. | Sunrise: 5:53 AM  Sunset: 7:55 PM  Daylight: 14 hours and 1 minute. | Sunrise: 5:54 AM  Sunset: 7:54 PM  Daylight: 14 hours and 0 minutes. | Sunrise: 5:54 AM  Sunset: 7:54 PM  Daylight: 13 hours and 59 minutes. | Sunrise: 5:55 AM  Sunset: 7:54 PM  Daylight: 13 hours and 58 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 5:56 AM  Sunset: 7:54 PM  Daylight: 13 hours and 58 minutes. | Sunrise: 5:56 AM  Sunset: 7:53 PM  Daylight: 13 hours and 57 minutes. | Sunrise: 5:57 AM  Sunset: 7:53 PM  Daylight: 13 hours and 56 minutes. | Sunrise: 5:57 AM  Sunset: 7:53 PM  Daylight: 13 hours and 55 minutes. | Sunrise: 5:58 AM  Sunset: 7:52 PM  Daylight: 13 hours and 54 minutes. | Sunrise: 5:58 AM  Sunset: 7:52 PM  Daylight: 13 hours and 53 minutes. | Sunrise: 5:59 AM  Sunset: 7:51 PM  Daylight: 13 hours and 52 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 5:59 AM  Sunset: 7:51 PM  Daylight: 13 hours and 51 minutes. | Sunrise: 6:00 AM  Sunset: 7:50 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 6:01 AM  Sunset: 7:50 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 6:01 AM  Sunset: 7:49 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 6:02 AM  Sunset: 7:49 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 6:02 AM  Sunset: 7:48 PM  Daylight: 13 hours and 45 minutes. | Sunrise: 6:03 AM  Sunset: 7:48 PM  Daylight: 13 hours and 44 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 6:04 AM  Sunset: 7:47 PM  Daylight: 13 hours and 43 minutes. | Sunrise: 6:04 AM  Sunset: 7:46 PM  Daylight: 13 hours and 42 minutes. | Sunrise: 6:05 AM  Sunset: 7:46 PM  Daylight: 13 hours and 40 minutes. | Sunrise: 6:05 AM  Sunset: 7:45 PM  Daylight: 13 hours and 39 minutes. | Sunrise: 6:06 AM  Sunset: 7:44 PM  Daylight: 13 hours and 38 minutes. |  |  |