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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Helena, Arkansas, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 5:53 AM  Sunset: 8:19 PM  Daylight: 14 hours and 25 minutes. | Sunrise: 5:53 AM  Sunset: 8:19 PM  Daylight: 14 hours and 25 minutes. | Sunrise: 5:54 AM  Sunset: 8:18 PM  Daylight: 14 hours and 24 minutes. | Sunrise: 5:54 AM  Sunset: 8:18 PM  Daylight: 14 hours and 24 minutes. | Sunrise: 5:55 AM  Sunset: 8:18 PM  Daylight: 14 hours and 23 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 5:55 AM  Sunset: 8:18 PM  Daylight: 14 hours and 22 minutes. | Sunrise: 5:56 AM  Sunset: 8:18 PM  Daylight: 14 hours and 22 minutes. | Sunrise: 5:56 AM  Sunset: 8:18 PM  Daylight: 14 hours and 21 minutes. | Sunrise: 5:57 AM  Sunset: 8:17 PM  Daylight: 14 hours and 20 minutes. | Sunrise: 5:57 AM  Sunset: 8:17 PM  Daylight: 14 hours and 19 minutes. | Sunrise: 5:58 AM  Sunset: 8:17 PM  Daylight: 14 hours and 18 minutes. | Sunrise: 5:59 AM  Sunset: 8:16 PM  Daylight: 14 hours and 17 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 5:59 AM  Sunset: 8:16 PM  Daylight: 14 hours and 16 minutes. | Sunrise: 6:00 AM  Sunset: 8:16 PM  Daylight: 14 hours and 15 minutes. | Sunrise: 6:00 AM  Sunset: 8:15 PM  Daylight: 14 hours and 14 minutes. | Sunrise: 6:01 AM  Sunset: 8:15 PM  Daylight: 14 hours and 13 minutes. | Sunrise: 6:02 AM  Sunset: 8:14 PM  Daylight: 14 hours and 12 minutes. | Sunrise: 6:02 AM  Sunset: 8:14 PM  Daylight: 14 hours and 11 minutes. | Sunrise: 6:03 AM  Sunset: 8:13 PM  Daylight: 14 hours and 10 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 6:04 AM  Sunset: 8:13 PM  Daylight: 14 hours and 9 minutes. | Sunrise: 6:04 AM  Sunset: 8:12 PM  Daylight: 14 hours and 7 minutes. | Sunrise: 6:05 AM  Sunset: 8:12 PM  Daylight: 14 hours and 6 minutes. | Sunrise: 6:06 AM  Sunset: 8:11 PM  Daylight: 14 hours and 5 minutes. | Sunrise: 6:06 AM  Sunset: 8:10 PM  Daylight: 14 hours and 3 minutes. | Sunrise: 6:07 AM  Sunset: 8:10 PM  Daylight: 14 hours and 2 minutes. | Sunrise: 6:08 AM  Sunset: 8:09 PM  Daylight: 14 hours and 1 minute. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 6:09 AM  Sunset: 8:08 PM  Daylight: 13 hours and 59 minutes. | Sunrise: 6:09 AM  Sunset: 8:08 PM  Daylight: 13 hours and 58 minutes. | Sunrise: 6:10 AM  Sunset: 8:07 PM  Daylight: 13 hours and 56 minutes. | Sunrise: 6:11 AM  Sunset: 8:06 PM  Daylight: 13 hours and 55 minutes. | Sunrise: 6:11 AM  Sunset: 8:05 PM  Daylight: 13 hours and 53 minutes. |  |  |