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|  | July 2025 |
| Helena, Arkansas, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 5:53 AM Sunset: 8:19 PM Daylight: 14 hours and 25 minutes.  | Sunrise: 5:53 AM Sunset: 8:19 PM Daylight: 14 hours and 25 minutes.  | Sunrise: 5:54 AM Sunset: 8:18 PM Daylight: 14 hours and 24 minutes.  | Sunrise: 5:54 AM Sunset: 8:18 PM Daylight: 14 hours and 24 minutes.  | Sunrise: 5:55 AM Sunset: 8:18 PM Daylight: 14 hours and 23 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 5:55 AM Sunset: 8:18 PM Daylight: 14 hours and 22 minutes.  | Sunrise: 5:56 AM Sunset: 8:18 PM Daylight: 14 hours and 22 minutes.  | Sunrise: 5:56 AM Sunset: 8:18 PM Daylight: 14 hours and 21 minutes.  | Sunrise: 5:57 AM Sunset: 8:17 PM Daylight: 14 hours and 20 minutes.  | Sunrise: 5:57 AM Sunset: 8:17 PM Daylight: 14 hours and 19 minutes.  | Sunrise: 5:58 AM Sunset: 8:17 PM Daylight: 14 hours and 18 minutes.  | Sunrise: 5:59 AM Sunset: 8:16 PM Daylight: 14 hours and 17 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 5:59 AM Sunset: 8:16 PM Daylight: 14 hours and 16 minutes.  | Sunrise: 6:00 AM Sunset: 8:16 PM Daylight: 14 hours and 15 minutes.  | Sunrise: 6:00 AM Sunset: 8:15 PM Daylight: 14 hours and 14 minutes.  | Sunrise: 6:01 AM Sunset: 8:15 PM Daylight: 14 hours and 13 minutes.  | Sunrise: 6:02 AM Sunset: 8:14 PM Daylight: 14 hours and 12 minutes.  | Sunrise: 6:02 AM Sunset: 8:14 PM Daylight: 14 hours and 11 minutes.  | Sunrise: 6:03 AM Sunset: 8:13 PM Daylight: 14 hours and 10 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 6:04 AM Sunset: 8:13 PM Daylight: 14 hours and 9 minutes.  | Sunrise: 6:04 AM Sunset: 8:12 PM Daylight: 14 hours and 7 minutes.  | Sunrise: 6:05 AM Sunset: 8:12 PM Daylight: 14 hours and 6 minutes.  | Sunrise: 6:06 AM Sunset: 8:11 PM Daylight: 14 hours and 5 minutes.  | Sunrise: 6:06 AM Sunset: 8:10 PM Daylight: 14 hours and 3 minutes.  | Sunrise: 6:07 AM Sunset: 8:10 PM Daylight: 14 hours and 2 minutes.  | Sunrise: 6:08 AM Sunset: 8:09 PM Daylight: 14 hours and 1 minute.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 6:09 AM Sunset: 8:08 PM Daylight: 13 hours and 59 minutes.  | Sunrise: 6:09 AM Sunset: 8:08 PM Daylight: 13 hours and 58 minutes.  | Sunrise: 6:10 AM Sunset: 8:07 PM Daylight: 13 hours and 56 minutes.  | Sunrise: 6:11 AM Sunset: 8:06 PM Daylight: 13 hours and 55 minutes.  | Sunrise: 6:11 AM Sunset: 8:05 PM Daylight: 13 hours and 53 minutes.  |     |     |