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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Frydenberg, Oslo, Norway | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 3:59 AM  Sunset: 10:41 PM  Daylight: 18 hours and 41 minutes. | Sunrise: 4:00 AM  Sunset: 10:40 PM  Daylight: 18 hours and 39 minutes. | Sunrise: 4:02 AM  Sunset: 10:39 PM  Daylight: 18 hours and 37 minutes. | Sunrise: 4:03 AM  Sunset: 10:39 PM  Daylight: 18 hours and 35 minutes. | Sunrise: 4:04 AM  Sunset: 10:38 PM  Daylight: 18 hours and 33 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 4:06 AM  Sunset: 10:37 PM  Daylight: 18 hours and 30 minutes. | Sunrise: 4:07 AM  Sunset: 10:35 PM  Daylight: 18 hours and 28 minutes. | Sunrise: 4:09 AM  Sunset: 10:34 PM  Daylight: 18 hours and 25 minutes. | Sunrise: 4:10 AM  Sunset: 10:33 PM  Daylight: 18 hours and 22 minutes. | Sunrise: 4:12 AM  Sunset: 10:32 PM  Daylight: 18 hours and 19 minutes. | Sunrise: 4:13 AM  Sunset: 10:30 PM  Daylight: 18 hours and 16 minutes. | Sunrise: 4:15 AM  Sunset: 10:29 PM  Daylight: 18 hours and 13 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 4:17 AM  Sunset: 10:27 PM  Daylight: 18 hours and 10 minutes. | Sunrise: 4:19 AM  Sunset: 10:26 PM  Daylight: 18 hours and 6 minutes. | Sunrise: 4:21 AM  Sunset: 10:24 PM  Daylight: 18 hours and 3 minutes. | Sunrise: 4:23 AM  Sunset: 10:22 PM  Daylight: 17 hours and 59 minutes. | Sunrise: 4:25 AM  Sunset: 10:20 PM  Daylight: 17 hours and 55 minutes. | Sunrise: 4:27 AM  Sunset: 10:19 PM  Daylight: 17 hours and 51 minutes. | Sunrise: 4:29 AM  Sunset: 10:17 PM  Daylight: 17 hours and 47 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 4:31 AM  Sunset: 10:15 PM  Daylight: 17 hours and 43 minutes. | Sunrise: 4:33 AM  Sunset: 10:13 PM  Daylight: 17 hours and 39 minutes. | Sunrise: 4:35 AM  Sunset: 10:11 PM  Daylight: 17 hours and 35 minutes. | Sunrise: 4:37 AM  Sunset: 10:09 PM  Daylight: 17 hours and 31 minutes. | Sunrise: 4:39 AM  Sunset: 10:06 PM  Daylight: 17 hours and 27 minutes. | Sunrise: 4:42 AM  Sunset: 10:04 PM  Daylight: 17 hours and 22 minutes. | Sunrise: 4:44 AM  Sunset: 10:02 PM  Daylight: 17 hours and 18 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:46 AM  Sunset: 10:00 PM  Daylight: 17 hours and 13 minutes. | Sunrise: 4:48 AM  Sunset: 9:57 PM  Daylight: 17 hours and 9 minutes. | Sunrise: 4:51 AM  Sunset: 9:55 PM  Daylight: 17 hours and 4 minutes. | Sunrise: 4:53 AM  Sunset: 9:53 PM  Daylight: 16 hours and 59 minutes. | Sunrise: 4:55 AM  Sunset: 9:50 PM  Daylight: 16 hours and 55 minutes. |  |  |