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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Frosta, Trondelag, Norway | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 3:07 AM  Sunset: 11:34 PM  Daylight: 20 hours and 27 minutes. | Sunrise: 3:08 AM  Sunset: 11:33 PM  Daylight: 20 hours and 24 minutes. | Sunrise: 3:10 AM  Sunset: 11:31 PM  Daylight: 20 hours and 21 minutes. | Sunrise: 3:12 AM  Sunset: 11:30 PM  Daylight: 20 hours and 17 minutes. | Sunrise: 3:14 AM  Sunset: 11:28 PM  Daylight: 20 hours and 14 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 3:16 AM  Sunset: 11:26 PM  Daylight: 20 hours and 10 minutes. | Sunrise: 3:18 AM  Sunset: 11:25 PM  Daylight: 20 hours and 6 minutes. | Sunrise: 3:21 AM  Sunset: 11:23 PM  Daylight: 20 hours and 1 minute. | Sunrise: 3:23 AM  Sunset: 11:20 PM  Daylight: 19 hours and 57 minutes. | Sunrise: 3:26 AM  Sunset: 11:18 PM  Daylight: 19 hours and 52 minutes. | Sunrise: 3:28 AM  Sunset: 11:16 PM  Daylight: 19 hours and 48 minutes. | Sunrise: 3:31 AM  Sunset: 11:14 PM  Daylight: 19 hours and 43 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 3:33 AM  Sunset: 11:11 PM  Daylight: 19 hours and 38 minutes. | Sunrise: 3:36 AM  Sunset: 11:09 PM  Daylight: 19 hours and 33 minutes. | Sunrise: 3:39 AM  Sunset: 11:06 PM  Daylight: 19 hours and 27 minutes. | Sunrise: 3:41 AM  Sunset: 11:04 PM  Daylight: 19 hours and 22 minutes. | Sunrise: 3:44 AM  Sunset: 11:01 PM  Daylight: 19 hours and 17 minutes. | Sunrise: 3:47 AM  Sunset: 10:59 PM  Daylight: 19 hours and 11 minutes. | Sunrise: 3:50 AM  Sunset: 10:56 PM  Daylight: 19 hours and 5 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 3:53 AM  Sunset: 10:53 PM  Daylight: 19 hours and 0 minutes. | Sunrise: 3:56 AM  Sunset: 10:50 PM  Daylight: 18 hours and 54 minutes. | Sunrise: 3:59 AM  Sunset: 10:47 PM  Daylight: 18 hours and 48 minutes. | Sunrise: 4:02 AM  Sunset: 10:44 PM  Daylight: 18 hours and 42 minutes. | Sunrise: 4:05 AM  Sunset: 10:42 PM  Daylight: 18 hours and 36 minutes. | Sunrise: 4:08 AM  Sunset: 10:39 PM  Daylight: 18 hours and 30 minutes. | Sunrise: 4:11 AM  Sunset: 10:36 PM  Daylight: 18 hours and 24 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 4:14 AM  Sunset: 10:33 PM  Daylight: 18 hours and 18 minutes. | Sunrise: 4:17 AM  Sunset: 10:29 PM  Daylight: 18 hours and 12 minutes. | Sunrise: 4:20 AM  Sunset: 10:26 PM  Daylight: 18 hours and 6 minutes. | Sunrise: 4:23 AM  Sunset: 10:23 PM  Daylight: 18 hours and 0 minutes. | Sunrise: 4:26 AM  Sunset: 10:20 PM  Daylight: 17 hours and 54 minutes. |  |  |