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|  | July 2025 |
| Frosta, Trondelag, Norway |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 3:07 AM Sunset: 11:34 PM Daylight: 20 hours and 27 minutes.  | Sunrise: 3:08 AM Sunset: 11:33 PM Daylight: 20 hours and 24 minutes.  | Sunrise: 3:10 AM Sunset: 11:31 PM Daylight: 20 hours and 21 minutes.  | Sunrise: 3:12 AM Sunset: 11:30 PM Daylight: 20 hours and 17 minutes.  | Sunrise: 3:14 AM Sunset: 11:28 PM Daylight: 20 hours and 14 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 3:16 AM Sunset: 11:26 PM Daylight: 20 hours and 10 minutes.  | Sunrise: 3:18 AM Sunset: 11:25 PM Daylight: 20 hours and 6 minutes.  | Sunrise: 3:21 AM Sunset: 11:23 PM Daylight: 20 hours and 1 minute.  | Sunrise: 3:23 AM Sunset: 11:20 PM Daylight: 19 hours and 57 minutes.  | Sunrise: 3:26 AM Sunset: 11:18 PM Daylight: 19 hours and 52 minutes.  | Sunrise: 3:28 AM Sunset: 11:16 PM Daylight: 19 hours and 48 minutes.  | Sunrise: 3:31 AM Sunset: 11:14 PM Daylight: 19 hours and 43 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 3:33 AM Sunset: 11:11 PM Daylight: 19 hours and 38 minutes.  | Sunrise: 3:36 AM Sunset: 11:09 PM Daylight: 19 hours and 33 minutes.  | Sunrise: 3:39 AM Sunset: 11:06 PM Daylight: 19 hours and 27 minutes.  | Sunrise: 3:41 AM Sunset: 11:04 PM Daylight: 19 hours and 22 minutes.  | Sunrise: 3:44 AM Sunset: 11:01 PM Daylight: 19 hours and 17 minutes.  | Sunrise: 3:47 AM Sunset: 10:59 PM Daylight: 19 hours and 11 minutes.  | Sunrise: 3:50 AM Sunset: 10:56 PM Daylight: 19 hours and 5 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 3:53 AM Sunset: 10:53 PM Daylight: 19 hours and 0 minutes.  | Sunrise: 3:56 AM Sunset: 10:50 PM Daylight: 18 hours and 54 minutes.  | Sunrise: 3:59 AM Sunset: 10:47 PM Daylight: 18 hours and 48 minutes.  | Sunrise: 4:02 AM Sunset: 10:44 PM Daylight: 18 hours and 42 minutes.  | Sunrise: 4:05 AM Sunset: 10:42 PM Daylight: 18 hours and 36 minutes.  | Sunrise: 4:08 AM Sunset: 10:39 PM Daylight: 18 hours and 30 minutes.  | Sunrise: 4:11 AM Sunset: 10:36 PM Daylight: 18 hours and 24 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 4:14 AM Sunset: 10:33 PM Daylight: 18 hours and 18 minutes.  | Sunrise: 4:17 AM Sunset: 10:29 PM Daylight: 18 hours and 12 minutes.  | Sunrise: 4:20 AM Sunset: 10:26 PM Daylight: 18 hours and 6 minutes.  | Sunrise: 4:23 AM Sunset: 10:23 PM Daylight: 18 hours and 0 minutes.  | Sunrise: 4:26 AM Sunset: 10:20 PM Daylight: 17 hours and 54 minutes.  |     |     |