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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Frisa, Abruzzo, Italy | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 5:29 AM  Sunset: 8:42 PM  Daylight: 15 hours and 13 minutes. | Sunrise: 5:30 AM  Sunset: 8:42 PM  Daylight: 15 hours and 12 minutes. | Sunrise: 5:30 AM  Sunset: 8:42 PM  Daylight: 15 hours and 11 minutes. | Sunrise: 5:31 AM  Sunset: 8:42 PM  Daylight: 15 hours and 10 minutes. | Sunrise: 5:32 AM  Sunset: 8:42 PM  Daylight: 15 hours and 10 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 5:32 AM  Sunset: 8:41 PM  Daylight: 15 hours and 9 minutes. | Sunrise: 5:33 AM  Sunset: 8:41 PM  Daylight: 15 hours and 8 minutes. | Sunrise: 5:33 AM  Sunset: 8:41 PM  Daylight: 15 hours and 7 minutes. | Sunrise: 5:34 AM  Sunset: 8:40 PM  Daylight: 15 hours and 6 minutes. | Sunrise: 5:35 AM  Sunset: 8:40 PM  Daylight: 15 hours and 4 minutes. | Sunrise: 5:36 AM  Sunset: 8:39 PM  Daylight: 15 hours and 3 minutes. | Sunrise: 5:36 AM  Sunset: 8:39 PM  Daylight: 15 hours and 2 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 5:37 AM  Sunset: 8:38 PM  Daylight: 15 hours and 1 minute. | Sunrise: 5:38 AM  Sunset: 8:38 PM  Daylight: 14 hours and 59 minutes. | Sunrise: 5:39 AM  Sunset: 8:37 PM  Daylight: 14 hours and 58 minutes. | Sunrise: 5:40 AM  Sunset: 8:37 PM  Daylight: 14 hours and 56 minutes. | Sunrise: 5:40 AM  Sunset: 8:36 PM  Daylight: 14 hours and 55 minutes. | Sunrise: 5:41 AM  Sunset: 8:35 PM  Daylight: 14 hours and 53 minutes. | Sunrise: 5:42 AM  Sunset: 8:34 PM  Daylight: 14 hours and 52 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 5:43 AM  Sunset: 8:34 PM  Daylight: 14 hours and 50 minutes. | Sunrise: 5:44 AM  Sunset: 8:33 PM  Daylight: 14 hours and 48 minutes. | Sunrise: 5:45 AM  Sunset: 8:32 PM  Daylight: 14 hours and 47 minutes. | Sunrise: 5:46 AM  Sunset: 8:31 PM  Daylight: 14 hours and 45 minutes. | Sunrise: 5:47 AM  Sunset: 8:30 PM  Daylight: 14 hours and 43 minutes. | Sunrise: 5:48 AM  Sunset: 8:29 PM  Daylight: 14 hours and 41 minutes. | Sunrise: 5:49 AM  Sunset: 8:28 PM  Daylight: 14 hours and 39 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 5:50 AM  Sunset: 8:27 PM  Daylight: 14 hours and 37 minutes. | Sunrise: 5:51 AM  Sunset: 8:26 PM  Daylight: 14 hours and 35 minutes. | Sunrise: 5:52 AM  Sunset: 8:25 PM  Daylight: 14 hours and 33 minutes. | Sunrise: 5:53 AM  Sunset: 8:24 PM  Daylight: 14 hours and 31 minutes. | Sunrise: 5:54 AM  Sunset: 8:23 PM  Daylight: 14 hours and 29 minutes. |  |  |