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|  | July 2025 |
| Apatity, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 1:13 AM Sunset: 12:30 AM Daylight: 23 hours and 17 minutes.  | Sunrise: 1:28 AM Sunset: 12:16 AM Daylight: 22 hours and 48 minutes.  | Sunrise: 1:38 AM Sunset: 12:06 AM Daylight: 22 hours and 27 minutes.  | Sunrise: 1:47 AM Sunset: 11:57 PM Daylight: 22 hours and 9 minutes.  | Sunrise: 1:55 AM Sunset: 11:49 PM Daylight: 21 hours and 53 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 2:03 AM Sunset: 11:42 PM Daylight: 21 hours and 39 minutes.  | Sunrise: 2:09 AM Sunset: 11:35 PM Daylight: 21 hours and 26 minutes.  | Sunrise: 2:16 AM Sunset: 11:29 PM Daylight: 21 hours and 13 minutes.  | Sunrise: 2:22 AM Sunset: 11:23 PM Daylight: 21 hours and 1 minute.  | Sunrise: 2:28 AM Sunset: 11:17 PM Daylight: 20 hours and 49 minutes.  | Sunrise: 2:33 AM Sunset: 11:12 PM Daylight: 20 hours and 38 minutes.  | Sunrise: 2:39 AM Sunset: 11:06 PM Daylight: 20 hours and 27 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 2:44 AM Sunset: 11:01 PM Daylight: 20 hours and 16 minutes.  | Sunrise: 2:49 AM Sunset: 10:56 PM Daylight: 20 hours and 6 minutes.  | Sunrise: 2:54 AM Sunset: 10:50 PM Daylight: 19 hours and 55 minutes.  | Sunrise: 2:59 AM Sunset: 10:45 PM Daylight: 19 hours and 45 minutes.  | Sunrise: 3:04 AM Sunset: 10:40 PM Daylight: 19 hours and 36 minutes.  |     |     |