



July 2025

Ames, Iowa, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sunrise: 5:42 AM Sunset: 8:54 PM Daylight: 15 hours and 11 minutes.	2 Sunrise: 5:43 AM Sunset: 8:53 PM Daylight: 15 hours and 10 minutes.	3 Sunrise: 5:43 AM Sunset: 8:53 PM Daylight: 15 hours and 10 minutes.	4 Sunrise: 5:44 AM Sunset: 8:53 PM Daylight: 15 hours and 9 minutes.	5 Sunrise: 5:44 AM Sunset: 8:53 PM Daylight: 15 hours and 8 minutes.
6 Sunrise: 5:45 AM Sunset: 8:53 PM Daylight: 15 hours and 7 minutes.	7 Sunrise: 5:46 AM Sunset: 8:52 PM Daylight: 15 hours and 6 minutes.	8 Sunrise: 5:46 AM Sunset: 8:52 PM Daylight: 15 hours and 5 minutes.	9 Sunrise: 5:47 AM Sunset: 8:51 PM Daylight: 15 hours and 4 minutes.	10 Sunrise: 5:48 AM Sunset: 8:51 PM Daylight: 15 hours and 3 minutes.	11 Sunrise: 5:48 AM Sunset: 8:51 PM Daylight: 15 hours and 2 minutes.	12 Sunrise: 5:49 AM Sunset: 8:50 PM Daylight: 15 hours and 0 minutes.
13 Sunrise: 5:50 AM Sunset: 8:50 PM Daylight: 14 hours and 59 minutes.	14 Sunrise: 5:51 AM Sunset: 8:49 PM Daylight: 14 hours and 58 minutes.	15 Sunrise: 5:52 AM Sunset: 8:48 PM Daylight: 14 hours and 56 minutes.	16 Sunrise: 5:52 AM Sunset: 8:48 PM Daylight: 14 hours and 55 minutes.	17 Sunrise: 5:53 AM Sunset: 8:47 PM Daylight: 14 hours and 53 minutes.	18 Sunrise: 5:54 AM Sunset: 8:46 PM Daylight: 14 hours and 52 minutes.	19 Sunrise: 5:55 AM Sunset: 8:46 PM Daylight: 14 hours and 50 minutes.
20 Sunrise: 5:56 AM Sunset: 8:45 PM Daylight: 14 hours and 49 minutes.	21 Sunrise: 5:57 AM Sunset: 8:44 PM Daylight: 14 hours and 47 minutes.	22 Sunrise: 5:58 AM Sunset: 8:43 PM Daylight: 14 hours and 45 minutes.	23 Sunrise: 5:59 AM Sunset: 8:42 PM Daylight: 14 hours and 43 minutes.	24 Sunrise: 5:59 AM Sunset: 8:42 PM Daylight: 14 hours and 42 minutes.	25 Sunrise: 6:00 AM Sunset: 8:41 PM Daylight: 14 hours and 40 minutes.	26 Sunrise: 6:01 AM Sunset: 8:40 PM Daylight: 14 hours and 38 minutes.
27 Sunrise: 6:02 AM Sunset: 8:39 PM Daylight: 14 hours and 36 minutes.	28 Sunrise: 6:03 AM Sunset: 8:38 PM Daylight: 14 hours and 34 minutes.	29 Sunrise: 6:04 AM Sunset: 8:37 PM Daylight: 14 hours and 32 minutes.	30 Sunrise: 6:05 AM Sunset: 8:36 PM Daylight: 14 hours and 30 minutes.	31 Sunrise: 6:06 AM Sunset: 8:35 PM Daylight: 14 hours and 28 minutes.		