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|  | July 2025 |
| Abak, Akwa Ibom, Nigeria |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 6:20 AM Sunset: 6:44 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 6:20 AM Sunset: 6:45 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 6:20 AM Sunset: 6:45 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 6:21 AM Sunset: 6:45 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 6:21 AM Sunset: 6:45 PM Daylight: 12 hours and 24 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 6:21 AM Sunset: 6:45 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:21 AM Sunset: 6:45 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:22 AM Sunset: 6:45 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:22 AM Sunset: 6:45 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:22 AM Sunset: 6:46 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:22 AM Sunset: 6:46 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:22 AM Sunset: 6:46 PM Daylight: 12 hours and 23 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:23 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 6:24 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:24 AM Sunset: 6:46 PM Daylight: 12 hours and 22 minutes.  | Sunrise: 6:24 AM Sunset: 6:46 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 6:24 AM Sunset: 6:46 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 6:24 AM Sunset: 6:46 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 6:24 AM Sunset: 6:46 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 6:24 AM Sunset: 6:45 PM Daylight: 12 hours and 21 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 6:24 AM Sunset: 6:45 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 6:24 AM Sunset: 6:45 PM Daylight: 12 hours and 20 minutes.  | Sunrise: 6:25 AM Sunset: 6:45 PM Daylight: 12 hours and 20 minutes.  | Sunrise: 6:25 AM Sunset: 6:45 PM Daylight: 12 hours and 20 minutes.  | Sunrise: 6:25 AM Sunset: 6:45 PM Daylight: 12 hours and 20 minutes.  |     |     |