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|  | June 2025 | | | | | |
| Pol-e Sefid, Mazandaran, Iran | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Sunrise: 4:42 AM  Sunset: 7:09 PM  Daylight: 14 hours and 26 minutes. | Sunrise: 4:41 AM  Sunset: 7:09 PM  Daylight: 14 hours and 27 minutes. | Sunrise: 4:41 AM  Sunset: 7:10 PM  Daylight: 14 hours and 28 minutes. | Sunrise: 4:41 AM  Sunset: 7:10 PM  Daylight: 14 hours and 29 minutes. | Sunrise: 4:41 AM  Sunset: 7:11 PM  Daylight: 14 hours and 30 minutes. | Sunrise: 4:40 AM  Sunset: 7:12 PM  Daylight: 14 hours and 31 minutes. | Sunrise: 4:40 AM  Sunset: 7:12 PM  Daylight: 14 hours and 32 minutes. |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Sunrise: 4:40 AM  Sunset: 7:13 PM  Daylight: 14 hours and 32 minutes. | Sunrise: 4:40 AM  Sunset: 7:13 PM  Daylight: 14 hours and 33 minutes. | Sunrise: 4:40 AM  Sunset: 7:14 PM  Daylight: 14 hours and 33 minutes. | Sunrise: 4:40 AM  Sunset: 7:14 PM  Daylight: 14 hours and 34 minutes. | Sunrise: 4:40 AM  Sunset: 7:15 PM  Daylight: 14 hours and 34 minutes. | Sunrise: 4:40 AM  Sunset: 7:15 PM  Daylight: 14 hours and 35 minutes. | Sunrise: 4:40 AM  Sunset: 7:15 PM  Daylight: 14 hours and 35 minutes. |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| Sunrise: 4:40 AM  Sunset: 7:16 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:40 AM  Sunset: 7:16 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:40 AM  Sunset: 7:16 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:40 AM  Sunset: 7:17 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:40 AM  Sunset: 7:17 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:40 AM  Sunset: 7:17 PM  Daylight: 14 hours and 37 minutes. | Sunrise: 4:41 AM  Sunset: 7:18 PM  Daylight: 14 hours and 37 minutes. |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| Sunrise: 4:41 AM  Sunset: 7:18 PM  Daylight: 14 hours and 37 minutes. | Sunrise: 4:41 AM  Sunset: 7:18 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:41 AM  Sunset: 7:18 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:42 AM  Sunset: 7:18 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:42 AM  Sunset: 7:18 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:42 AM  Sunset: 7:18 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:43 AM  Sunset: 7:18 PM  Daylight: 14 hours and 35 minutes. |
| 29 | 30 |  |  |  |  |  |
| Sunrise: 4:43 AM  Sunset: 7:18 PM  Daylight: 14 hours and 35 minutes. | Sunrise: 4:43 AM  Sunset: 7:18 PM  Daylight: 14 hours and 35 minutes. |  |  |  |  |  |