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| --- | --- | --- | --- | --- | --- | --- |
|  | June 2025 | | | | | |
| Nagano, Nagano, Japan | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Sunrise: 4:30 AM  Sunset: 7:00 PM  Daylight: 14 hours and 29 minutes. | Sunrise: 4:29 AM  Sunset: 7:00 PM  Daylight: 14 hours and 30 minutes. | Sunrise: 4:29 AM  Sunset: 7:01 PM  Daylight: 14 hours and 31 minutes. | Sunrise: 4:29 AM  Sunset: 7:01 PM  Daylight: 14 hours and 32 minutes. | Sunrise: 4:29 AM  Sunset: 7:02 PM  Daylight: 14 hours and 33 minutes. | Sunrise: 4:28 AM  Sunset: 7:03 PM  Daylight: 14 hours and 34 minutes. | Sunrise: 4:28 AM  Sunset: 7:03 PM  Daylight: 14 hours and 34 minutes. |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Sunrise: 4:28 AM  Sunset: 7:04 PM  Daylight: 14 hours and 35 minutes. | Sunrise: 4:28 AM  Sunset: 7:04 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:28 AM  Sunset: 7:05 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 4:28 AM  Sunset: 7:05 PM  Daylight: 14 hours and 37 minutes. | Sunrise: 4:28 AM  Sunset: 7:06 PM  Daylight: 14 hours and 37 minutes. | Sunrise: 4:28 AM  Sunset: 7:06 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 4:28 AM  Sunset: 7:06 PM  Daylight: 14 hours and 38 minutes. |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| Sunrise: 4:28 AM  Sunset: 7:07 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:28 AM  Sunset: 7:07 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:28 AM  Sunset: 7:08 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:28 AM  Sunset: 7:08 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:28 AM  Sunset: 7:08 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 4:28 AM  Sunset: 7:08 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 4:28 AM  Sunset: 7:09 PM  Daylight: 14 hours and 40 minutes. |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| Sunrise: 4:29 AM  Sunset: 7:09 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 4:29 AM  Sunset: 7:09 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 4:29 AM  Sunset: 7:09 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:30 AM  Sunset: 7:09 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:30 AM  Sunset: 7:09 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:30 AM  Sunset: 7:09 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 4:31 AM  Sunset: 7:09 PM  Daylight: 14 hours and 38 minutes. |
| 29 | 30 |  |  |  |  |  |
| Sunrise: 4:31 AM  Sunset: 7:09 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 4:31 AM  Sunset: 7:09 PM  Daylight: 14 hours and 38 minutes. |  |  |  |  |  |