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|  | June 2025 |
| El Progreso, Honduras |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
| 1  | 2  | 3  | 4  | 5  | 6  | 7  |
| Sunrise: 5:19 AM Sunset: 6:18 PM Daylight: 12 hours and 58 minutes.  | Sunrise: 5:19 AM Sunset: 6:18 PM Daylight: 12 hours and 59 minutes.  | Sunrise: 5:19 AM Sunset: 6:19 PM Daylight: 12 hours and 59 minutes.  | Sunrise: 5:19 AM Sunset: 6:19 PM Daylight: 12 hours and 59 minutes.  | Sunrise: 5:19 AM Sunset: 6:19 PM Daylight: 13 hours and 0 minutes.  | Sunrise: 5:19 AM Sunset: 6:20 PM Daylight: 13 hours and 0 minutes.  | Sunrise: 5:19 AM Sunset: 6:20 PM Daylight: 13 hours and 0 minutes.  |
| 8  | 9  | 10  | 11  | 12  | 13  | 14  |
| Sunrise: 5:19 AM Sunset: 6:20 PM Daylight: 13 hours and 0 minutes.  | Sunrise: 5:19 AM Sunset: 6:20 PM Daylight: 13 hours and 1 minute.  | Sunrise: 5:19 AM Sunset: 6:21 PM Daylight: 13 hours and 1 minute.  | Sunrise: 5:20 AM Sunset: 6:21 PM Daylight: 13 hours and 1 minute.  | Sunrise: 5:20 AM Sunset: 6:21 PM Daylight: 13 hours and 1 minute.  | Sunrise: 5:20 AM Sunset: 6:22 PM Daylight: 13 hours and 1 minute.  | Sunrise: 5:20 AM Sunset: 6:22 PM Daylight: 13 hours and 1 minute.  |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| Sunrise: 5:20 AM Sunset: 6:22 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:20 AM Sunset: 6:22 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:20 AM Sunset: 6:23 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:21 AM Sunset: 6:23 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:21 AM Sunset: 6:23 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:21 AM Sunset: 6:23 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:21 AM Sunset: 6:24 PM Daylight: 13 hours and 2 minutes.  |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| Sunrise: 5:21 AM Sunset: 6:24 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:22 AM Sunset: 6:24 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:22 AM Sunset: 6:24 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:22 AM Sunset: 6:24 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:22 AM Sunset: 6:25 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:23 AM Sunset: 6:25 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 5:23 AM Sunset: 6:25 PM Daylight: 13 hours and 2 minutes.  |
| 29  | 30  |   |   |   |   |   |
| Sunrise: 5:23 AM Sunset: 6:25 PM Daylight: 13 hours and 1 minute.  | Sunrise: 5:23 AM Sunset: 6:25 PM Daylight: 13 hours and 1 minute.  |     |     |     |     |     |