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|  | May 2025 | | | | | |
| Pol-e Sefid, Mazandaran, Iran | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 5:05 AM  Sunset: 6:44 PM  Daylight: 13 hours and 39 minutes. | Sunrise: 5:04 AM  Sunset: 6:45 PM  Daylight: 13 hours and 41 minutes. | Sunrise: 5:03 AM  Sunset: 6:46 PM  Daylight: 13 hours and 43 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:01 AM  Sunset: 6:47 PM  Daylight: 13 hours and 45 minutes. | Sunrise: 5:00 AM  Sunset: 6:48 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 4:59 AM  Sunset: 6:48 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 4:58 AM  Sunset: 6:49 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 4:57 AM  Sunset: 6:50 PM  Daylight: 13 hours and 52 minutes. | Sunrise: 4:57 AM  Sunset: 6:51 PM  Daylight: 13 hours and 54 minutes. | Sunrise: 4:56 AM  Sunset: 6:52 PM  Daylight: 13 hours and 56 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 4:55 AM  Sunset: 6:53 PM  Daylight: 13 hours and 57 minutes. | Sunrise: 4:54 AM  Sunset: 6:53 PM  Daylight: 13 hours and 59 minutes. | Sunrise: 4:53 AM  Sunset: 6:54 PM  Daylight: 14 hours and 1 minute. | Sunrise: 4:52 AM  Sunset: 6:55 PM  Daylight: 14 hours and 2 minutes. | Sunrise: 4:51 AM  Sunset: 6:56 PM  Daylight: 14 hours and 4 minutes. | Sunrise: 4:51 AM  Sunset: 6:57 PM  Daylight: 14 hours and 6 minutes. | Sunrise: 4:50 AM  Sunset: 6:58 PM  Daylight: 14 hours and 7 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 4:49 AM  Sunset: 6:58 PM  Daylight: 14 hours and 9 minutes. | Sunrise: 4:48 AM  Sunset: 6:59 PM  Daylight: 14 hours and 10 minutes. | Sunrise: 4:48 AM  Sunset: 7:00 PM  Daylight: 14 hours and 12 minutes. | Sunrise: 4:47 AM  Sunset: 7:01 PM  Daylight: 14 hours and 13 minutes. | Sunrise: 4:46 AM  Sunset: 7:01 PM  Daylight: 14 hours and 15 minutes. | Sunrise: 4:46 AM  Sunset: 7:02 PM  Daylight: 14 hours and 16 minutes. | Sunrise: 4:45 AM  Sunset: 7:03 PM  Daylight: 14 hours and 17 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 4:45 AM  Sunset: 7:04 PM  Daylight: 14 hours and 19 minutes. | Sunrise: 4:44 AM  Sunset: 7:04 PM  Daylight: 14 hours and 20 minutes. | Sunrise: 4:44 AM  Sunset: 7:05 PM  Daylight: 14 hours and 21 minutes. | Sunrise: 4:43 AM  Sunset: 7:06 PM  Daylight: 14 hours and 22 minutes. | Sunrise: 4:43 AM  Sunset: 7:07 PM  Daylight: 14 hours and 23 minutes. | Sunrise: 4:42 AM  Sunset: 7:07 PM  Daylight: 14 hours and 24 minutes. | Sunrise: 4:42 AM  Sunset: 7:08 PM  Daylight: 14 hours and 25 minutes. |