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|  | May 2025 |
| Pol-e Sefid, Mazandaran, Iran |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   |   | 1  | 2  | 3  |
|     |     |     |     | Sunrise: 5:05 AM Sunset: 6:44 PM Daylight: 13 hours and 39 minutes.  | Sunrise: 5:04 AM Sunset: 6:45 PM Daylight: 13 hours and 41 minutes.  | Sunrise: 5:03 AM Sunset: 6:46 PM Daylight: 13 hours and 43 minutes.  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10  |
| Sunrise: 5:01 AM Sunset: 6:47 PM Daylight: 13 hours and 45 minutes.  | Sunrise: 5:00 AM Sunset: 6:48 PM Daylight: 13 hours and 47 minutes.  | Sunrise: 4:59 AM Sunset: 6:48 PM Daylight: 13 hours and 49 minutes.  | Sunrise: 4:58 AM Sunset: 6:49 PM Daylight: 13 hours and 50 minutes.  | Sunrise: 4:57 AM Sunset: 6:50 PM Daylight: 13 hours and 52 minutes.  | Sunrise: 4:57 AM Sunset: 6:51 PM Daylight: 13 hours and 54 minutes.  | Sunrise: 4:56 AM Sunset: 6:52 PM Daylight: 13 hours and 56 minutes.  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| Sunrise: 4:55 AM Sunset: 6:53 PM Daylight: 13 hours and 57 minutes.  | Sunrise: 4:54 AM Sunset: 6:53 PM Daylight: 13 hours and 59 minutes.  | Sunrise: 4:53 AM Sunset: 6:54 PM Daylight: 14 hours and 1 minute.  | Sunrise: 4:52 AM Sunset: 6:55 PM Daylight: 14 hours and 2 minutes.  | Sunrise: 4:51 AM Sunset: 6:56 PM Daylight: 14 hours and 4 minutes.  | Sunrise: 4:51 AM Sunset: 6:57 PM Daylight: 14 hours and 6 minutes.  | Sunrise: 4:50 AM Sunset: 6:58 PM Daylight: 14 hours and 7 minutes.  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| Sunrise: 4:49 AM Sunset: 6:58 PM Daylight: 14 hours and 9 minutes.  | Sunrise: 4:48 AM Sunset: 6:59 PM Daylight: 14 hours and 10 minutes.  | Sunrise: 4:48 AM Sunset: 7:00 PM Daylight: 14 hours and 12 minutes.  | Sunrise: 4:47 AM Sunset: 7:01 PM Daylight: 14 hours and 13 minutes.  | Sunrise: 4:46 AM Sunset: 7:01 PM Daylight: 14 hours and 15 minutes.  | Sunrise: 4:46 AM Sunset: 7:02 PM Daylight: 14 hours and 16 minutes.  | Sunrise: 4:45 AM Sunset: 7:03 PM Daylight: 14 hours and 17 minutes.  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |
| Sunrise: 4:45 AM Sunset: 7:04 PM Daylight: 14 hours and 19 minutes.  | Sunrise: 4:44 AM Sunset: 7:04 PM Daylight: 14 hours and 20 minutes.  | Sunrise: 4:44 AM Sunset: 7:05 PM Daylight: 14 hours and 21 minutes.  | Sunrise: 4:43 AM Sunset: 7:06 PM Daylight: 14 hours and 22 minutes.  | Sunrise: 4:43 AM Sunset: 7:07 PM Daylight: 14 hours and 23 minutes.  | Sunrise: 4:42 AM Sunset: 7:07 PM Daylight: 14 hours and 24 minutes.  | Sunrise: 4:42 AM Sunset: 7:08 PM Daylight: 14 hours and 25 minutes.  |