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|  | May 2025 | | | | | |
| Now Zad, Helmand, Afghanistan | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 5:25 AM  Sunset: 6:52 PM  Daylight: 13 hours and 27 minutes. | Sunrise: 5:24 AM  Sunset: 6:53 PM  Daylight: 13 hours and 28 minutes. | Sunrise: 5:23 AM  Sunset: 6:54 PM  Daylight: 13 hours and 30 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:22 AM  Sunset: 6:55 PM  Daylight: 13 hours and 32 minutes. | Sunrise: 5:21 AM  Sunset: 6:55 PM  Daylight: 13 hours and 33 minutes. | Sunrise: 5:21 AM  Sunset: 6:56 PM  Daylight: 13 hours and 35 minutes. | Sunrise: 5:20 AM  Sunset: 6:57 PM  Daylight: 13 hours and 36 minutes. | Sunrise: 5:19 AM  Sunset: 6:57 PM  Daylight: 13 hours and 38 minutes. | Sunrise: 5:18 AM  Sunset: 6:58 PM  Daylight: 13 hours and 40 minutes. | Sunrise: 5:17 AM  Sunset: 6:59 PM  Daylight: 13 hours and 41 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 5:16 AM  Sunset: 7:00 PM  Daylight: 13 hours and 43 minutes. | Sunrise: 5:16 AM  Sunset: 7:00 PM  Daylight: 13 hours and 44 minutes. | Sunrise: 5:15 AM  Sunset: 7:01 PM  Daylight: 13 hours and 46 minutes. | Sunrise: 5:14 AM  Sunset: 7:02 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 5:14 AM  Sunset: 7:02 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 5:13 AM  Sunset: 7:03 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 5:12 AM  Sunset: 7:04 PM  Daylight: 13 hours and 51 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 5:12 AM  Sunset: 7:05 PM  Daylight: 13 hours and 52 minutes. | Sunrise: 5:11 AM  Sunset: 7:05 PM  Daylight: 13 hours and 54 minutes. | Sunrise: 5:10 AM  Sunset: 7:06 PM  Daylight: 13 hours and 55 minutes. | Sunrise: 5:10 AM  Sunset: 7:07 PM  Daylight: 13 hours and 56 minutes. | Sunrise: 5:09 AM  Sunset: 7:07 PM  Daylight: 13 hours and 57 minutes. | Sunrise: 5:09 AM  Sunset: 7:08 PM  Daylight: 13 hours and 59 minutes. | Sunrise: 5:08 AM  Sunset: 7:09 PM  Daylight: 14 hours and 0 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 5:08 AM  Sunset: 7:09 PM  Daylight: 14 hours and 1 minute. | Sunrise: 5:07 AM  Sunset: 7:10 PM  Daylight: 14 hours and 2 minutes. | Sunrise: 5:07 AM  Sunset: 7:10 PM  Daylight: 14 hours and 3 minutes. | Sunrise: 5:07 AM  Sunset: 7:11 PM  Daylight: 14 hours and 4 minutes. | Sunrise: 5:06 AM  Sunset: 7:12 PM  Daylight: 14 hours and 5 minutes. | Sunrise: 5:06 AM  Sunset: 7:12 PM  Daylight: 14 hours and 6 minutes. | Sunrise: 5:06 AM  Sunset: 7:13 PM  Daylight: 14 hours and 7 minutes. |