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| --- | --- | --- | --- | --- | --- | --- |
|  | May 2025 | | | | | |
| La Ceiba, Honduras | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 5:23 AM  Sunset: 6:05 PM  Daylight: 12 hours and 42 minutes. | Sunrise: 5:22 AM  Sunset: 6:05 PM  Daylight: 12 hours and 42 minutes. | Sunrise: 5:22 AM  Sunset: 6:05 PM  Daylight: 12 hours and 43 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:21 AM  Sunset: 6:06 PM  Daylight: 12 hours and 44 minutes. | Sunrise: 5:21 AM  Sunset: 6:06 PM  Daylight: 12 hours and 45 minutes. | Sunrise: 5:20 AM  Sunset: 6:06 PM  Daylight: 12 hours and 45 minutes. | Sunrise: 5:20 AM  Sunset: 6:06 PM  Daylight: 12 hours and 46 minutes. | Sunrise: 5:20 AM  Sunset: 6:07 PM  Daylight: 12 hours and 47 minutes. | Sunrise: 5:19 AM  Sunset: 6:07 PM  Daylight: 12 hours and 47 minutes. | Sunrise: 5:19 AM  Sunset: 6:07 PM  Daylight: 12 hours and 48 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 5:18 AM  Sunset: 6:08 PM  Daylight: 12 hours and 49 minutes. | Sunrise: 5:18 AM  Sunset: 6:08 PM  Daylight: 12 hours and 49 minutes. | Sunrise: 5:18 AM  Sunset: 6:08 PM  Daylight: 12 hours and 50 minutes. | Sunrise: 5:17 AM  Sunset: 6:09 PM  Daylight: 12 hours and 51 minutes. | Sunrise: 5:17 AM  Sunset: 6:09 PM  Daylight: 12 hours and 51 minutes. | Sunrise: 5:17 AM  Sunset: 6:09 PM  Daylight: 12 hours and 52 minutes. | Sunrise: 5:17 AM  Sunset: 6:09 PM  Daylight: 12 hours and 52 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 5:16 AM  Sunset: 6:10 PM  Daylight: 12 hours and 53 minutes. | Sunrise: 5:16 AM  Sunset: 6:10 PM  Daylight: 12 hours and 53 minutes. | Sunrise: 5:16 AM  Sunset: 6:10 PM  Daylight: 12 hours and 54 minutes. | Sunrise: 5:16 AM  Sunset: 6:11 PM  Daylight: 12 hours and 55 minutes. | Sunrise: 5:15 AM  Sunset: 6:11 PM  Daylight: 12 hours and 55 minutes. | Sunrise: 5:15 AM  Sunset: 6:11 PM  Daylight: 12 hours and 56 minutes. | Sunrise: 5:15 AM  Sunset: 6:12 PM  Daylight: 12 hours and 56 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 5:15 AM  Sunset: 6:12 PM  Daylight: 12 hours and 57 minutes. | Sunrise: 5:15 AM  Sunset: 6:12 PM  Daylight: 12 hours and 57 minutes. | Sunrise: 5:15 AM  Sunset: 6:13 PM  Daylight: 12 hours and 58 minutes. | Sunrise: 5:15 AM  Sunset: 6:13 PM  Daylight: 12 hours and 58 minutes. | Sunrise: 5:15 AM  Sunset: 6:13 PM  Daylight: 12 hours and 58 minutes. | Sunrise: 5:15 AM  Sunset: 6:14 PM  Daylight: 12 hours and 59 minutes. | Sunrise: 5:14 AM  Sunset: 6:14 PM  Daylight: 12 hours and 59 minutes. |