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| --- | --- | --- | --- | --- | --- | --- |
|  | May 2025 | | | | | |
| Ilam, Nepal | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 5:15 AM  Sunset: 6:25 PM  Daylight: 13 hours and 10 minutes. | Sunrise: 5:14 AM  Sunset: 6:26 PM  Daylight: 13 hours and 12 minutes. | Sunrise: 5:13 AM  Sunset: 6:26 PM  Daylight: 13 hours and 13 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:12 AM  Sunset: 6:27 PM  Daylight: 13 hours and 14 minutes. | Sunrise: 5:12 AM  Sunset: 6:28 PM  Daylight: 13 hours and 16 minutes. | Sunrise: 5:11 AM  Sunset: 6:28 PM  Daylight: 13 hours and 17 minutes. | Sunrise: 5:10 AM  Sunset: 6:29 PM  Daylight: 13 hours and 18 minutes. | Sunrise: 5:09 AM  Sunset: 6:29 PM  Daylight: 13 hours and 19 minutes. | Sunrise: 5:09 AM  Sunset: 6:30 PM  Daylight: 13 hours and 21 minutes. | Sunrise: 5:08 AM  Sunset: 6:30 PM  Daylight: 13 hours and 22 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 5:07 AM  Sunset: 6:31 PM  Daylight: 13 hours and 23 minutes. | Sunrise: 5:07 AM  Sunset: 6:31 PM  Daylight: 13 hours and 24 minutes. | Sunrise: 5:06 AM  Sunset: 6:32 PM  Daylight: 13 hours and 25 minutes. | Sunrise: 5:06 AM  Sunset: 6:33 PM  Daylight: 13 hours and 26 minutes. | Sunrise: 5:05 AM  Sunset: 6:33 PM  Daylight: 13 hours and 27 minutes. | Sunrise: 5:05 AM  Sunset: 6:34 PM  Daylight: 13 hours and 29 minutes. | Sunrise: 5:04 AM  Sunset: 6:34 PM  Daylight: 13 hours and 30 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 5:04 AM  Sunset: 6:35 PM  Daylight: 13 hours and 31 minutes. | Sunrise: 5:03 AM  Sunset: 6:35 PM  Daylight: 13 hours and 32 minutes. | Sunrise: 5:03 AM  Sunset: 6:36 PM  Daylight: 13 hours and 33 minutes. | Sunrise: 5:02 AM  Sunset: 6:36 PM  Daylight: 13 hours and 34 minutes. | Sunrise: 5:02 AM  Sunset: 6:37 PM  Daylight: 13 hours and 35 minutes. | Sunrise: 5:01 AM  Sunset: 6:38 PM  Daylight: 13 hours and 36 minutes. | Sunrise: 5:01 AM  Sunset: 6:38 PM  Daylight: 13 hours and 36 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 5:01 AM  Sunset: 6:39 PM  Daylight: 13 hours and 37 minutes. | Sunrise: 5:00 AM  Sunset: 6:39 PM  Daylight: 13 hours and 38 minutes. | Sunrise: 5:00 AM  Sunset: 6:40 PM  Daylight: 13 hours and 39 minutes. | Sunrise: 5:00 AM  Sunset: 6:40 PM  Daylight: 13 hours and 40 minutes. | Sunrise: 5:00 AM  Sunset: 6:41 PM  Daylight: 13 hours and 41 minutes. | Sunrise: 4:59 AM  Sunset: 6:41 PM  Daylight: 13 hours and 41 minutes. | Sunrise: 4:59 AM  Sunset: 6:42 PM  Daylight: 13 hours and 42 minutes. |