



May 2025

Helena, Oklahoma, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Sunrise: 6:39 AM Sunset: 8:20 PM Daylight: 13 hours and 41 minutes.	2 Sunrise: 6:38 AM Sunset: 8:21 PM Daylight: 13 hours and 42 minutes.	3 Sunrise: 6:37 AM Sunset: 8:22 PM Daylight: 13 hours and 44 minutes.
4 Sunrise: 6:36 AM Sunset: 8:23 PM Daylight: 13 hours and 46 minutes.	5 Sunrise: 6:35 AM Sunset: 8:24 PM Daylight: 13 hours and 48 minutes.	6 Sunrise: 6:34 AM Sunset: 8:25 PM Daylight: 13 hours and 50 minutes.	7 Sunrise: 6:33 AM Sunset: 8:25 PM Daylight: 13 hours and 52 minutes.	8 Sunrise: 6:32 AM Sunset: 8:26 PM Daylight: 13 hours and 54 minutes.	9 Sunrise: 6:31 AM Sunset: 8:27 PM Daylight: 13 hours and 56 minutes.	10 Sunrise: 6:30 AM Sunset: 8:28 PM Daylight: 13 hours and 57 minutes.
11 Sunrise: 6:29 AM Sunset: 8:29 PM Daylight: 13 hours and 59 minutes.	12 Sunrise: 6:28 AM Sunset: 8:30 PM Daylight: 14 hours and 1 minute.	13 Sunrise: 6:27 AM Sunset: 8:31 PM Daylight: 14 hours and 3 minutes.	14 Sunrise: 6:26 AM Sunset: 8:31 PM Daylight: 14 hours and 4 minutes.	15 Sunrise: 6:26 AM Sunset: 8:32 PM Daylight: 14 hours and 6 minutes.	16 Sunrise: 6:25 AM Sunset: 8:33 PM Daylight: 14 hours and 8 minutes.	17 Sunrise: 6:24 AM Sunset: 8:34 PM Daylight: 14 hours and 9 minutes.
18 Sunrise: 6:23 AM Sunset: 8:35 PM Daylight: 14 hours and 11 minutes.	19 Sunrise: 6:23 AM Sunset: 8:35 PM Daylight: 14 hours and 12 minutes.	20 Sunrise: 6:22 AM Sunset: 8:36 PM Daylight: 14 hours and 14 minutes.	21 Sunrise: 6:21 AM Sunset: 8:37 PM Daylight: 14 hours and 15 minutes.	22 Sunrise: 6:21 AM Sunset: 8:38 PM Daylight: 14 hours and 17 minutes.	23 Sunrise: 6:20 AM Sunset: 8:39 PM Daylight: 14 hours and 18 minutes.	24 Sunrise: 6:19 AM Sunset: 8:39 PM Daylight: 14 hours and 19 minutes.
25 Sunrise: 6:19 AM Sunset: 8:40 PM Daylight: 14 hours and 21 minutes.	26 Sunrise: 6:18 AM Sunset: 8:41 PM Daylight: 14 hours and 22 minutes.	27 Sunrise: 6:18 AM Sunset: 8:42 PM Daylight: 14 hours and 23 minutes.	28 Sunrise: 6:17 AM Sunset: 8:42 PM Daylight: 14 hours and 24 minutes.	29 Sunrise: 6:17 AM Sunset: 8:43 PM Daylight: 14 hours and 26 minutes.	30 Sunrise: 6:17 AM Sunset: 8:44 PM Daylight: 14 hours and 27 minutes.	31 Sunrise: 6:16 AM Sunset: 8:44 PM Daylight: 14 hours and 28 minutes.