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|  | May 2025 |
| Helena, Arkansas, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   |   | 1  | 2  | 3  |
|     |     |     |     | Sunrise: 6:12 AM Sunset: 7:46 PM Daylight: 13 hours and 34 minutes.  | Sunrise: 6:11 AM Sunset: 7:47 PM Daylight: 13 hours and 35 minutes.  | Sunrise: 6:10 AM Sunset: 7:48 PM Daylight: 13 hours and 37 minutes.  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10  |
| Sunrise: 6:09 AM Sunset: 7:48 PM Daylight: 13 hours and 39 minutes.  | Sunrise: 6:08 AM Sunset: 7:49 PM Daylight: 13 hours and 41 minutes.  | Sunrise: 6:07 AM Sunset: 7:50 PM Daylight: 13 hours and 43 minutes.  | Sunrise: 6:06 AM Sunset: 7:51 PM Daylight: 13 hours and 44 minutes.  | Sunrise: 6:05 AM Sunset: 7:52 PM Daylight: 13 hours and 46 minutes.  | Sunrise: 6:04 AM Sunset: 7:52 PM Daylight: 13 hours and 48 minutes.  | Sunrise: 6:03 AM Sunset: 7:53 PM Daylight: 13 hours and 49 minutes.  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| Sunrise: 6:03 AM Sunset: 7:54 PM Daylight: 13 hours and 51 minutes.  | Sunrise: 6:02 AM Sunset: 7:55 PM Daylight: 13 hours and 53 minutes.  | Sunrise: 6:01 AM Sunset: 7:56 PM Daylight: 13 hours and 54 minutes.  | Sunrise: 6:00 AM Sunset: 7:56 PM Daylight: 13 hours and 56 minutes.  | Sunrise: 5:59 AM Sunset: 7:57 PM Daylight: 13 hours and 57 minutes.  | Sunrise: 5:59 AM Sunset: 7:58 PM Daylight: 13 hours and 59 minutes.  | Sunrise: 5:58 AM Sunset: 7:59 PM Daylight: 14 hours and 0 minutes.  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| Sunrise: 5:57 AM Sunset: 7:59 PM Daylight: 14 hours and 2 minutes.  | Sunrise: 5:57 AM Sunset: 8:00 PM Daylight: 14 hours and 3 minutes.  | Sunrise: 5:56 AM Sunset: 8:01 PM Daylight: 14 hours and 4 minutes.  | Sunrise: 5:55 AM Sunset: 8:02 PM Daylight: 14 hours and 6 minutes.  | Sunrise: 5:55 AM Sunset: 8:02 PM Daylight: 14 hours and 7 minutes.  | Sunrise: 5:54 AM Sunset: 8:03 PM Daylight: 14 hours and 8 minutes.  | Sunrise: 5:54 AM Sunset: 8:04 PM Daylight: 14 hours and 10 minutes.  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |
| Sunrise: 5:53 AM Sunset: 8:04 PM Daylight: 14 hours and 11 minutes.  | Sunrise: 5:53 AM Sunset: 8:05 PM Daylight: 14 hours and 12 minutes.  | Sunrise: 5:52 AM Sunset: 8:06 PM Daylight: 14 hours and 13 minutes.  | Sunrise: 5:52 AM Sunset: 8:06 PM Daylight: 14 hours and 14 minutes.  | Sunrise: 5:51 AM Sunset: 8:07 PM Daylight: 14 hours and 15 minutes.  | Sunrise: 5:51 AM Sunset: 8:08 PM Daylight: 14 hours and 16 minutes.  | Sunrise: 5:51 AM Sunset: 8:08 PM Daylight: 14 hours and 17 minutes.  |