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| --- | --- | --- | --- | --- | --- | --- |
|  | May 2025 | | | | | |
| El Progreso, Panama | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 6:00 AM  Sunset: 6:27 PM  Daylight: 12 hours and 27 minutes. | Sunrise: 5:59 AM  Sunset: 6:27 PM  Daylight: 12 hours and 27 minutes. | Sunrise: 5:59 AM  Sunset: 6:27 PM  Daylight: 12 hours and 28 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:59 AM  Sunset: 6:27 PM  Daylight: 12 hours and 28 minutes. | Sunrise: 5:58 AM  Sunset: 6:27 PM  Daylight: 12 hours and 28 minutes. | Sunrise: 5:58 AM  Sunset: 6:27 PM  Daylight: 12 hours and 29 minutes. | Sunrise: 5:58 AM  Sunset: 6:27 PM  Daylight: 12 hours and 29 minutes. | Sunrise: 5:57 AM  Sunset: 6:28 PM  Daylight: 12 hours and 30 minutes. | Sunrise: 5:57 AM  Sunset: 6:28 PM  Daylight: 12 hours and 30 minutes. | Sunrise: 5:57 AM  Sunset: 6:28 PM  Daylight: 12 hours and 30 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 5:57 AM  Sunset: 6:28 PM  Daylight: 12 hours and 31 minutes. | Sunrise: 5:57 AM  Sunset: 6:28 PM  Daylight: 12 hours and 31 minutes. | Sunrise: 5:56 AM  Sunset: 6:28 PM  Daylight: 12 hours and 31 minutes. | Sunrise: 5:56 AM  Sunset: 6:28 PM  Daylight: 12 hours and 32 minutes. | Sunrise: 5:56 AM  Sunset: 6:29 PM  Daylight: 12 hours and 32 minutes. | Sunrise: 5:56 AM  Sunset: 6:29 PM  Daylight: 12 hours and 33 minutes. | Sunrise: 5:56 AM  Sunset: 6:29 PM  Daylight: 12 hours and 33 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 5:56 AM  Sunset: 6:29 PM  Daylight: 12 hours and 33 minutes. | Sunrise: 5:55 AM  Sunset: 6:29 PM  Daylight: 12 hours and 34 minutes. | Sunrise: 5:55 AM  Sunset: 6:30 PM  Daylight: 12 hours and 34 minutes. | Sunrise: 5:55 AM  Sunset: 6:30 PM  Daylight: 12 hours and 34 minutes. | Sunrise: 5:55 AM  Sunset: 6:30 PM  Daylight: 12 hours and 35 minutes. | Sunrise: 5:55 AM  Sunset: 6:30 PM  Daylight: 12 hours and 35 minutes. | Sunrise: 5:55 AM  Sunset: 6:31 PM  Daylight: 12 hours and 35 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 5:55 AM  Sunset: 6:31 PM  Daylight: 12 hours and 35 minutes. | Sunrise: 5:55 AM  Sunset: 6:31 PM  Daylight: 12 hours and 36 minutes. | Sunrise: 5:55 AM  Sunset: 6:31 PM  Daylight: 12 hours and 36 minutes. | Sunrise: 5:55 AM  Sunset: 6:32 PM  Daylight: 12 hours and 36 minutes. | Sunrise: 5:55 AM  Sunset: 6:32 PM  Daylight: 12 hours and 36 minutes. | Sunrise: 5:55 AM  Sunset: 6:32 PM  Daylight: 12 hours and 37 minutes. | Sunrise: 5:55 AM  Sunset: 6:32 PM  Daylight: 12 hours and 37 minutes. |