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|  | April 2025 |
| Helena, Oklahoma, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 7:19 AM Sunset: 7:54 PM Daylight: 12 hours and 35 minutes.  | Sunrise: 7:17 AM Sunset: 7:55 PM Daylight: 12 hours and 37 minutes.  | Sunrise: 7:16 AM Sunset: 7:56 PM Daylight: 12 hours and 40 minutes.  | Sunrise: 7:14 AM Sunset: 7:57 PM Daylight: 12 hours and 42 minutes.  | Sunrise: 7:13 AM Sunset: 7:58 PM Daylight: 12 hours and 44 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 7:12 AM Sunset: 7:59 PM Daylight: 12 hours and 46 minutes.  | Sunrise: 7:10 AM Sunset: 7:59 PM Daylight: 12 hours and 49 minutes.  | Sunrise: 7:09 AM Sunset: 8:00 PM Daylight: 12 hours and 51 minutes.  | Sunrise: 7:07 AM Sunset: 8:01 PM Daylight: 12 hours and 53 minutes.  | Sunrise: 7:06 AM Sunset: 8:02 PM Daylight: 12 hours and 56 minutes.  | Sunrise: 7:05 AM Sunset: 8:03 PM Daylight: 12 hours and 58 minutes.  | Sunrise: 7:03 AM Sunset: 8:04 PM Daylight: 13 hours and 0 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 7:02 AM Sunset: 8:05 PM Daylight: 13 hours and 2 minutes.  | Sunrise: 7:00 AM Sunset: 8:05 PM Daylight: 13 hours and 5 minutes.  | Sunrise: 6:59 AM Sunset: 8:06 PM Daylight: 13 hours and 7 minutes.  | Sunrise: 6:58 AM Sunset: 8:07 PM Daylight: 13 hours and 9 minutes.  | Sunrise: 6:56 AM Sunset: 8:08 PM Daylight: 13 hours and 11 minutes.  | Sunrise: 6:55 AM Sunset: 8:09 PM Daylight: 13 hours and 13 minutes.  | Sunrise: 6:54 AM Sunset: 8:10 PM Daylight: 13 hours and 16 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 6:52 AM Sunset: 8:11 PM Daylight: 13 hours and 18 minutes.  | Sunrise: 6:51 AM Sunset: 8:11 PM Daylight: 13 hours and 20 minutes.  | Sunrise: 6:50 AM Sunset: 8:12 PM Daylight: 13 hours and 22 minutes.  | Sunrise: 6:49 AM Sunset: 8:13 PM Daylight: 13 hours and 24 minutes.  | Sunrise: 6:47 AM Sunset: 8:14 PM Daylight: 13 hours and 26 minutes.  | Sunrise: 6:46 AM Sunset: 8:15 PM Daylight: 13 hours and 28 minutes.  | Sunrise: 6:45 AM Sunset: 8:16 PM Daylight: 13 hours and 30 minutes.  |
| 27  | 28  | 29  | 30  |   |   |   |
| Sunrise: 6:44 AM Sunset: 8:17 PM Daylight: 13 hours and 32 minutes.  | Sunrise: 6:43 AM Sunset: 8:18 PM Daylight: 13 hours and 34 minutes.  | Sunrise: 6:41 AM Sunset: 8:18 PM Daylight: 13 hours and 37 minutes.  | Sunrise: 6:40 AM Sunset: 8:19 PM Daylight: 13 hours and 39 minutes.  |     |     |     |