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|  | March 2025 |
| Ninohe, Iwate, Japan |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Sunrise: 6:08 AMSunset: 5:25 PMDaylight: 11 hours and 17 minutes. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 6:07 AMSunset: 5:26 PMDaylight: 11 hours and 19 minutes. | Sunrise: 6:05 AMSunset: 5:27 PMDaylight: 11 hours and 22 minutes. | Sunrise: 6:03 AMSunset: 5:28 PMDaylight: 11 hours and 25 minutes. | Sunrise: 6:02 AMSunset: 5:30 PMDaylight: 11 hours and 27 minutes. | Sunrise: 6:00 AMSunset: 5:31 PMDaylight: 11 hours and 30 minutes. | Sunrise: 5:59 AMSunset: 5:32 PMDaylight: 11 hours and 32 minutes. | Sunrise: 5:57 AMSunset: 5:33 PMDaylight: 11 hours and 35 minutes. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 5:56 AMSunset: 5:34 PMDaylight: 11 hours and 38 minutes. | Sunrise: 5:54 AMSunset: 5:35 PMDaylight: 11 hours and 40 minutes. | Sunrise: 5:52 AMSunset: 5:36 PMDaylight: 11 hours and 43 minutes. | Sunrise: 5:51 AMSunset: 5:37 PMDaylight: 11 hours and 46 minutes. | Sunrise: 5:49 AMSunset: 5:38 PMDaylight: 11 hours and 48 minutes. | Sunrise: 5:48 AMSunset: 5:39 PMDaylight: 11 hours and 51 minutes. | Sunrise: 5:46 AMSunset: 5:40 PMDaylight: 11 hours and 54 minutes. |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 5:44 AMSunset: 5:41 PMDaylight: 11 hours and 57 minutes. | Sunrise: 5:43 AMSunset: 5:42 PMDaylight: 11 hours and 59 minutes. | Sunrise: 5:41 AMSunset: 5:44 PMDaylight: 12 hours and 2 minutes. | Sunrise: 5:40 AMSunset: 5:45 PMDaylight: 12 hours and 5 minutes. | Sunrise: 5:38 AMSunset: 5:46 PMDaylight: 12 hours and 7 minutes. | Sunrise: 5:36 AMSunset: 5:47 PMDaylight: 12 hours and 10 minutes. | Sunrise: 5:35 AMSunset: 5:48 PMDaylight: 12 hours and 13 minutes. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 5:33 AMSunset: 5:49 PMDaylight: 12 hours and 15 minutes. | Sunrise: 5:31 AMSunset: 5:50 PMDaylight: 12 hours and 18 minutes. | Sunrise: 5:30 AMSunset: 5:51 PMDaylight: 12 hours and 21 minutes. | Sunrise: 5:28 AMSunset: 5:52 PMDaylight: 12 hours and 23 minutes. | Sunrise: 5:26 AMSunset: 5:53 PMDaylight: 12 hours and 26 minutes. | Sunrise: 5:25 AMSunset: 5:54 PMDaylight: 12 hours and 29 minutes. | Sunrise: 5:23 AMSunset: 5:55 PMDaylight: 12 hours and 31 minutes. |
| 30 | 31 |  |  |  |  |  |
| Sunrise: 5:22 AMSunset: 5:56 PMDaylight: 12 hours and 34 minutes. | Sunrise: 5:20 AMSunset: 5:57 PMDaylight: 12 hours and 37 minutes. |  |  |  |  |  |