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|  | March 2025 |
| Captain Cook, Hawaii, United States |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Sunrise: 6:43 AMSunset: 6:28 PMDaylight: 11 hours and 45 minutes. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 6:42 AMSunset: 6:29 PMDaylight: 11 hours and 46 minutes. | Sunrise: 6:41 AMSunset: 6:29 PMDaylight: 11 hours and 47 minutes. | Sunrise: 6:41 AMSunset: 6:29 PMDaylight: 11 hours and 48 minutes. | Sunrise: 6:40 AMSunset: 6:30 PMDaylight: 11 hours and 49 minutes. | Sunrise: 6:39 AMSunset: 6:30 PMDaylight: 11 hours and 51 minutes. | Sunrise: 6:38 AMSunset: 6:30 PMDaylight: 11 hours and 52 minutes. | Sunrise: 6:37 AMSunset: 6:31 PMDaylight: 11 hours and 53 minutes. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 6:37 AMSunset: 6:31 PMDaylight: 11 hours and 54 minutes. | Sunrise: 6:36 AMSunset: 6:31 PMDaylight: 11 hours and 55 minutes. | Sunrise: 6:35 AMSunset: 6:32 PMDaylight: 11 hours and 56 minutes. | Sunrise: 6:34 AMSunset: 6:32 PMDaylight: 11 hours and 57 minutes. | Sunrise: 6:33 AMSunset: 6:32 PMDaylight: 11 hours and 58 minutes. | Sunrise: 6:32 AMSunset: 6:32 PMDaylight: 11 hours and 59 minutes. | Sunrise: 6:32 AMSunset: 6:33 PMDaylight: 12 hours and 1 minute. |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 6:31 AMSunset: 6:33 PMDaylight: 12 hours and 2 minutes. | Sunrise: 6:30 AMSunset: 6:33 PMDaylight: 12 hours and 3 minutes. | Sunrise: 6:29 AMSunset: 6:33 PMDaylight: 12 hours and 4 minutes. | Sunrise: 6:28 AMSunset: 6:34 PMDaylight: 12 hours and 5 minutes. | Sunrise: 6:27 AMSunset: 6:34 PMDaylight: 12 hours and 6 minutes. | Sunrise: 6:27 AMSunset: 6:34 PMDaylight: 12 hours and 7 minutes. | Sunrise: 6:26 AMSunset: 6:35 PMDaylight: 12 hours and 8 minutes. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 6:25 AMSunset: 6:35 PMDaylight: 12 hours and 10 minutes. | Sunrise: 6:24 AMSunset: 6:35 PMDaylight: 12 hours and 11 minutes. | Sunrise: 6:23 AMSunset: 6:35 PMDaylight: 12 hours and 12 minutes. | Sunrise: 6:22 AMSunset: 6:36 PMDaylight: 12 hours and 13 minutes. | Sunrise: 6:21 AMSunset: 6:36 PMDaylight: 12 hours and 14 minutes. | Sunrise: 6:20 AMSunset: 6:36 PMDaylight: 12 hours and 15 minutes. | Sunrise: 6:20 AMSunset: 6:36 PMDaylight: 12 hours and 16 minutes. |
| 30 | 31 |  |  |  |  |  |
| Sunrise: 6:19 AMSunset: 6:37 PMDaylight: 12 hours and 17 minutes. | Sunrise: 6:18 AMSunset: 6:37 PMDaylight: 12 hours and 18 minutes. |  |  |  |  |  |