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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2025 | | | | | |
| Polmont, Scotland, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 8:45 AM  Sunset: 3:50 PM  Daylight: 7 hours and 4 minutes. | Sunrise: 8:45 AM  Sunset: 3:51 PM  Daylight: 7 hours and 6 minutes. | Sunrise: 8:45 AM  Sunset: 3:53 PM  Daylight: 7 hours and 7 minutes. | Sunrise: 8:44 AM  Sunset: 3:54 PM  Daylight: 7 hours and 9 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 8:44 AM  Sunset: 3:55 PM  Daylight: 7 hours and 11 minutes. | Sunrise: 8:43 AM  Sunset: 3:57 PM  Daylight: 7 hours and 13 minutes. | Sunrise: 8:43 AM  Sunset: 3:58 PM  Daylight: 7 hours and 15 minutes. | Sunrise: 8:42 AM  Sunset: 4:00 PM  Daylight: 7 hours and 17 minutes. | Sunrise: 8:41 AM  Sunset: 4:01 PM  Daylight: 7 hours and 19 minutes. | Sunrise: 8:41 AM  Sunset: 4:03 PM  Daylight: 7 hours and 22 minutes. | Sunrise: 8:40 AM  Sunset: 4:05 PM  Daylight: 7 hours and 24 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 8:39 AM  Sunset: 4:06 PM  Daylight: 7 hours and 27 minutes. | Sunrise: 8:38 AM  Sunset: 4:08 PM  Daylight: 7 hours and 30 minutes. | Sunrise: 8:37 AM  Sunset: 4:10 PM  Daylight: 7 hours and 33 minutes. | Sunrise: 8:36 AM  Sunset: 4:12 PM  Daylight: 7 hours and 36 minutes. | Sunrise: 8:34 AM  Sunset: 4:14 PM  Daylight: 7 hours and 39 minutes. | Sunrise: 8:33 AM  Sunset: 4:15 PM  Daylight: 7 hours and 42 minutes. | Sunrise: 8:32 AM  Sunset: 4:17 PM  Daylight: 7 hours and 45 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 8:31 AM  Sunset: 4:19 PM  Daylight: 7 hours and 48 minutes. | Sunrise: 8:29 AM  Sunset: 4:21 PM  Daylight: 7 hours and 51 minutes. | Sunrise: 8:28 AM  Sunset: 4:23 PM  Daylight: 7 hours and 55 minutes. | Sunrise: 8:26 AM  Sunset: 4:25 PM  Daylight: 7 hours and 58 minutes. | Sunrise: 8:25 AM  Sunset: 4:27 PM  Daylight: 8 hours and 2 minutes. | Sunrise: 8:23 AM  Sunset: 4:29 PM  Daylight: 8 hours and 6 minutes. | Sunrise: 8:22 AM  Sunset: 4:31 PM  Daylight: 8 hours and 9 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 8:20 AM  Sunset: 4:34 PM  Daylight: 8 hours and 13 minutes. | Sunrise: 8:18 AM  Sunset: 4:36 PM  Daylight: 8 hours and 17 minutes. | Sunrise: 8:17 AM  Sunset: 4:38 PM  Daylight: 8 hours and 21 minutes. | Sunrise: 8:15 AM  Sunset: 4:40 PM  Daylight: 8 hours and 25 minutes. | Sunrise: 8:13 AM  Sunset: 4:42 PM  Daylight: 8 hours and 29 minutes. | Sunrise: 8:11 AM  Sunset: 4:44 PM  Daylight: 8 hours and 33 minutes. |  |