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|  | January 2025 |
| Poland, Maine, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 7:16 AM Sunset: 4:13 PM Daylight: 8 hours and 56 minutes.  | Sunrise: 7:16 AM Sunset: 4:14 PM Daylight: 8 hours and 57 minutes.  | Sunrise: 7:16 AM Sunset: 4:15 PM Daylight: 8 hours and 58 minutes.  | Sunrise: 7:16 AM Sunset: 4:16 PM Daylight: 8 hours and 59 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 7:16 AM Sunset: 4:17 PM Daylight: 9 hours and 0 minutes.  | Sunrise: 7:16 AM Sunset: 4:18 PM Daylight: 9 hours and 1 minute.  | Sunrise: 7:16 AM Sunset: 4:19 PM Daylight: 9 hours and 3 minutes.  | Sunrise: 7:15 AM Sunset: 4:20 PM Daylight: 9 hours and 4 minutes.  | Sunrise: 7:15 AM Sunset: 4:21 PM Daylight: 9 hours and 5 minutes.  | Sunrise: 7:15 AM Sunset: 4:22 PM Daylight: 9 hours and 7 minutes.  | Sunrise: 7:15 AM Sunset: 4:23 PM Daylight: 9 hours and 8 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 7:14 AM Sunset: 4:24 PM Daylight: 9 hours and 10 minutes.  | Sunrise: 7:14 AM Sunset: 4:26 PM Daylight: 9 hours and 11 minutes.  | Sunrise: 7:13 AM Sunset: 4:27 PM Daylight: 9 hours and 13 minutes.  | Sunrise: 7:13 AM Sunset: 4:28 PM Daylight: 9 hours and 15 minutes.  | Sunrise: 7:12 AM Sunset: 4:29 PM Daylight: 9 hours and 16 minutes.  | Sunrise: 7:12 AM Sunset: 4:30 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:11 AM Sunset: 4:32 PM Daylight: 9 hours and 20 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 7:10 AM Sunset: 4:33 PM Daylight: 9 hours and 22 minutes.  | Sunrise: 7:10 AM Sunset: 4:34 PM Daylight: 9 hours and 24 minutes.  | Sunrise: 7:09 AM Sunset: 4:36 PM Daylight: 9 hours and 26 minutes.  | Sunrise: 7:08 AM Sunset: 4:37 PM Daylight: 9 hours and 28 minutes.  | Sunrise: 7:08 AM Sunset: 4:38 PM Daylight: 9 hours and 30 minutes.  | Sunrise: 7:07 AM Sunset: 4:40 PM Daylight: 9 hours and 32 minutes.  | Sunrise: 7:06 AM Sunset: 4:41 PM Daylight: 9 hours and 35 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:05 AM Sunset: 4:42 PM Daylight: 9 hours and 37 minutes.  | Sunrise: 7:04 AM Sunset: 4:44 PM Daylight: 9 hours and 39 minutes.  | Sunrise: 7:03 AM Sunset: 4:45 PM Daylight: 9 hours and 41 minutes.  | Sunrise: 7:02 AM Sunset: 4:46 PM Daylight: 9 hours and 44 minutes.  | Sunrise: 7:01 AM Sunset: 4:48 PM Daylight: 9 hours and 46 minutes.  | Sunrise: 7:00 AM Sunset: 4:49 PM Daylight: 9 hours and 49 minutes.  |     |