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|  | January 2025 |
| Ilford, England, United Kingdom |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 8:05 AM Sunset: 4:00 PM Daylight: 7 hours and 55 minutes.  | Sunrise: 8:05 AM Sunset: 4:01 PM Daylight: 7 hours and 56 minutes.  | Sunrise: 8:05 AM Sunset: 4:02 PM Daylight: 7 hours and 57 minutes.  | Sunrise: 8:05 AM Sunset: 4:04 PM Daylight: 7 hours and 58 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 8:04 AM Sunset: 4:05 PM Daylight: 8 hours and 0 minutes.  | Sunrise: 8:04 AM Sunset: 4:06 PM Daylight: 8 hours and 1 minute.  | Sunrise: 8:04 AM Sunset: 4:07 PM Daylight: 8 hours and 3 minutes.  | Sunrise: 8:03 AM Sunset: 4:09 PM Daylight: 8 hours and 5 minutes.  | Sunrise: 8:03 AM Sunset: 4:10 PM Daylight: 8 hours and 7 minutes.  | Sunrise: 8:02 AM Sunset: 4:11 PM Daylight: 8 hours and 9 minutes.  | Sunrise: 8:01 AM Sunset: 4:13 PM Daylight: 8 hours and 11 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 8:01 AM Sunset: 4:14 PM Daylight: 8 hours and 13 minutes.  | Sunrise: 8:00 AM Sunset: 4:16 PM Daylight: 8 hours and 15 minutes.  | Sunrise: 7:59 AM Sunset: 4:17 PM Daylight: 8 hours and 17 minutes.  | Sunrise: 7:58 AM Sunset: 4:19 PM Daylight: 8 hours and 20 minutes.  | Sunrise: 7:58 AM Sunset: 4:20 PM Daylight: 8 hours and 22 minutes.  | Sunrise: 7:57 AM Sunset: 4:22 PM Daylight: 8 hours and 25 minutes.  | Sunrise: 7:56 AM Sunset: 4:23 PM Daylight: 8 hours and 27 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 7:55 AM Sunset: 4:25 PM Daylight: 8 hours and 30 minutes.  | Sunrise: 7:54 AM Sunset: 4:27 PM Daylight: 8 hours and 32 minutes.  | Sunrise: 7:53 AM Sunset: 4:28 PM Daylight: 8 hours and 35 minutes.  | Sunrise: 7:51 AM Sunset: 4:30 PM Daylight: 8 hours and 38 minutes.  | Sunrise: 7:50 AM Sunset: 4:32 PM Daylight: 8 hours and 41 minutes.  | Sunrise: 7:49 AM Sunset: 4:33 PM Daylight: 8 hours and 44 minutes.  | Sunrise: 7:48 AM Sunset: 4:35 PM Daylight: 8 hours and 47 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:46 AM Sunset: 4:37 PM Daylight: 8 hours and 50 minutes.  | Sunrise: 7:45 AM Sunset: 4:39 PM Daylight: 8 hours and 53 minutes.  | Sunrise: 7:44 AM Sunset: 4:40 PM Daylight: 8 hours and 56 minutes.  | Sunrise: 7:42 AM Sunset: 4:42 PM Daylight: 8 hours and 59 minutes.  | Sunrise: 7:41 AM Sunset: 4:44 PM Daylight: 9 hours and 3 minutes.  | Sunrise: 7:39 AM Sunset: 4:46 PM Daylight: 9 hours and 6 minutes.  |     |