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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2025 | | | | | |
| Ilford, England, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 8:05 AM  Sunset: 4:00 PM  Daylight: 7 hours and 55 minutes. | Sunrise: 8:05 AM  Sunset: 4:01 PM  Daylight: 7 hours and 56 minutes. | Sunrise: 8:05 AM  Sunset: 4:02 PM  Daylight: 7 hours and 57 minutes. | Sunrise: 8:05 AM  Sunset: 4:04 PM  Daylight: 7 hours and 58 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 8:04 AM  Sunset: 4:05 PM  Daylight: 8 hours and 0 minutes. | Sunrise: 8:04 AM  Sunset: 4:06 PM  Daylight: 8 hours and 1 minute. | Sunrise: 8:04 AM  Sunset: 4:07 PM  Daylight: 8 hours and 3 minutes. | Sunrise: 8:03 AM  Sunset: 4:09 PM  Daylight: 8 hours and 5 minutes. | Sunrise: 8:03 AM  Sunset: 4:10 PM  Daylight: 8 hours and 7 minutes. | Sunrise: 8:02 AM  Sunset: 4:11 PM  Daylight: 8 hours and 9 minutes. | Sunrise: 8:01 AM  Sunset: 4:13 PM  Daylight: 8 hours and 11 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 8:01 AM  Sunset: 4:14 PM  Daylight: 8 hours and 13 minutes. | Sunrise: 8:00 AM  Sunset: 4:16 PM  Daylight: 8 hours and 15 minutes. | Sunrise: 7:59 AM  Sunset: 4:17 PM  Daylight: 8 hours and 17 minutes. | Sunrise: 7:58 AM  Sunset: 4:19 PM  Daylight: 8 hours and 20 minutes. | Sunrise: 7:58 AM  Sunset: 4:20 PM  Daylight: 8 hours and 22 minutes. | Sunrise: 7:57 AM  Sunset: 4:22 PM  Daylight: 8 hours and 25 minutes. | Sunrise: 7:56 AM  Sunset: 4:23 PM  Daylight: 8 hours and 27 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 7:55 AM  Sunset: 4:25 PM  Daylight: 8 hours and 30 minutes. | Sunrise: 7:54 AM  Sunset: 4:27 PM  Daylight: 8 hours and 32 minutes. | Sunrise: 7:53 AM  Sunset: 4:28 PM  Daylight: 8 hours and 35 minutes. | Sunrise: 7:51 AM  Sunset: 4:30 PM  Daylight: 8 hours and 38 minutes. | Sunrise: 7:50 AM  Sunset: 4:32 PM  Daylight: 8 hours and 41 minutes. | Sunrise: 7:49 AM  Sunset: 4:33 PM  Daylight: 8 hours and 44 minutes. | Sunrise: 7:48 AM  Sunset: 4:35 PM  Daylight: 8 hours and 47 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 7:46 AM  Sunset: 4:37 PM  Daylight: 8 hours and 50 minutes. | Sunrise: 7:45 AM  Sunset: 4:39 PM  Daylight: 8 hours and 53 minutes. | Sunrise: 7:44 AM  Sunset: 4:40 PM  Daylight: 8 hours and 56 minutes. | Sunrise: 7:42 AM  Sunset: 4:42 PM  Daylight: 8 hours and 59 minutes. | Sunrise: 7:41 AM  Sunset: 4:44 PM  Daylight: 9 hours and 3 minutes. | Sunrise: 7:39 AM  Sunset: 4:46 PM  Daylight: 9 hours and 6 minutes. |  |