



# January 2025

## Helena, Oklahoma, United States

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
|---|---|---|---|---|---|---|
|   |   |   | 1<br>Sunrise: 7:45 AM<br>Sunset: 5:27 PM<br>Daylight: 9 hours and 42 minutes.   | 2<br>Sunrise: 7:45 AM<br>Sunset: 5:28 PM<br>Daylight: 9 hours and 43 minutes.   | 3<br>Sunrise: 7:45 AM<br>Sunset: 5:29 PM<br>Daylight: 9 hours and 44 minutes.   | 4<br>Sunrise: 7:45 AM<br>Sunset: 5:30 PM<br>Daylight: 9 hours and 44 minutes.   |
| 5<br>Sunrise: 7:45 AM<br>Sunset: 5:31 PM<br>Daylight: 9 hours and 45 minutes.   | 6<br>Sunrise: 7:45 AM<br>Sunset: 5:32 PM<br>Daylight: 9 hours and 46 minutes.   | 7<br>Sunrise: 7:45 AM<br>Sunset: 5:32 PM<br>Daylight: 9 hours and 47 minutes.   | 8<br>Sunrise: 7:45 AM<br>Sunset: 5:33 PM<br>Daylight: 9 hours and 48 minutes.   | 9<br>Sunrise: 7:45 AM<br>Sunset: 5:34 PM<br>Daylight: 9 hours and 49 minutes.   | 10<br>Sunrise: 7:45 AM<br>Sunset: 5:35 PM<br>Daylight: 9 hours and 50 minutes.  | 11<br>Sunrise: 7:45 AM<br>Sunset: 5:36 PM<br>Daylight: 9 hours and 51 minutes.  |
| 12<br>Sunrise: 7:45 AM<br>Sunset: 5:37 PM<br>Daylight: 9 hours and 52 minutes.  | 13<br>Sunrise: 7:44 AM<br>Sunset: 5:38 PM<br>Daylight: 9 hours and 53 minutes.  | 14<br>Sunrise: 7:44 AM<br>Sunset: 5:39 PM<br>Daylight: 9 hours and 54 minutes.  | 15<br>Sunrise: 7:44 AM<br>Sunset: 5:40 PM<br>Daylight: 9 hours and 56 minutes.  | 16<br>Sunrise: 7:43 AM<br>Sunset: 5:41 PM<br>Daylight: 9 hours and 57 minutes.  | 17<br>Sunrise: 7:43 AM<br>Sunset: 5:42 PM<br>Daylight: 9 hours and 58 minutes.  | 18<br>Sunrise: 7:43 AM<br>Sunset: 5:43 PM<br>Daylight: 10 hours and 0 minutes.  |
| 19<br>Sunrise: 7:42 AM<br>Sunset: 5:44 PM<br>Daylight: 10 hours and 1 minute.   | 20<br>Sunrise: 7:42 AM<br>Sunset: 5:45 PM<br>Daylight: 10 hours and 3 minutes.  | 21<br>Sunrise: 7:41 AM<br>Sunset: 5:46 PM<br>Daylight: 10 hours and 4 minutes.  | 22<br>Sunrise: 7:41 AM<br>Sunset: 5:47 PM<br>Daylight: 10 hours and 6 minutes.  | 23<br>Sunrise: 7:40 AM<br>Sunset: 5:48 PM<br>Daylight: 10 hours and 7 minutes.  | 24<br>Sunrise: 7:40 AM<br>Sunset: 5:49 PM<br>Daylight: 10 hours and 9 minutes.  | 25<br>Sunrise: 7:39 AM<br>Sunset: 5:50 PM<br>Daylight: 10 hours and 11 minutes. |
| 26<br>Sunrise: 7:39 AM<br>Sunset: 5:51 PM<br>Daylight: 10 hours and 12 minutes. | 27<br>Sunrise: 7:38 AM<br>Sunset: 5:53 PM<br>Daylight: 10 hours and 14 minutes. | 28<br>Sunrise: 7:37 AM<br>Sunset: 5:54 PM<br>Daylight: 10 hours and 16 minutes. | 29<br>Sunrise: 7:37 AM<br>Sunset: 5:55 PM<br>Daylight: 10 hours and 18 minutes. | 30<br>Sunrise: 7:36 AM<br>Sunset: 5:56 PM<br>Daylight: 10 hours and 19 minutes. | 31<br>Sunrise: 7:35 AM<br>Sunset: 5:57 PM<br>Daylight: 10 hours and 21 minutes. |   |