|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | January 2025 | | | | | |
| Helena, Oklahoma, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 7:45 AM  Sunset: 5:27 PM  Daylight: 9 hours and 42 minutes. | Sunrise: 7:45 AM  Sunset: 5:28 PM  Daylight: 9 hours and 43 minutes. | Sunrise: 7:45 AM  Sunset: 5:29 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:45 AM  Sunset: 5:30 PM  Daylight: 9 hours and 44 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 7:45 AM  Sunset: 5:31 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:45 AM  Sunset: 5:32 PM  Daylight: 9 hours and 46 minutes. | Sunrise: 7:45 AM  Sunset: 5:32 PM  Daylight: 9 hours and 47 minutes. | Sunrise: 7:45 AM  Sunset: 5:33 PM  Daylight: 9 hours and 48 minutes. | Sunrise: 7:45 AM  Sunset: 5:34 PM  Daylight: 9 hours and 49 minutes. | Sunrise: 7:45 AM  Sunset: 5:35 PM  Daylight: 9 hours and 50 minutes. | Sunrise: 7:45 AM  Sunset: 5:36 PM  Daylight: 9 hours and 51 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 7:45 AM  Sunset: 5:37 PM  Daylight: 9 hours and 52 minutes. | Sunrise: 7:44 AM  Sunset: 5:38 PM  Daylight: 9 hours and 53 minutes. | Sunrise: 7:44 AM  Sunset: 5:39 PM  Daylight: 9 hours and 54 minutes. | Sunrise: 7:44 AM  Sunset: 5:40 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 7:43 AM  Sunset: 5:41 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 7:43 AM  Sunset: 5:42 PM  Daylight: 9 hours and 58 minutes. | Sunrise: 7:43 AM  Sunset: 5:43 PM  Daylight: 10 hours and 0 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 7:42 AM  Sunset: 5:44 PM  Daylight: 10 hours and 1 minute. | Sunrise: 7:42 AM  Sunset: 5:45 PM  Daylight: 10 hours and 3 minutes. | Sunrise: 7:41 AM  Sunset: 5:46 PM  Daylight: 10 hours and 4 minutes. | Sunrise: 7:41 AM  Sunset: 5:47 PM  Daylight: 10 hours and 6 minutes. | Sunrise: 7:40 AM  Sunset: 5:48 PM  Daylight: 10 hours and 7 minutes. | Sunrise: 7:40 AM  Sunset: 5:49 PM  Daylight: 10 hours and 9 minutes. | Sunrise: 7:39 AM  Sunset: 5:50 PM  Daylight: 10 hours and 11 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 7:39 AM  Sunset: 5:51 PM  Daylight: 10 hours and 12 minutes. | Sunrise: 7:38 AM  Sunset: 5:53 PM  Daylight: 10 hours and 14 minutes. | Sunrise: 7:37 AM  Sunset: 5:54 PM  Daylight: 10 hours and 16 minutes. | Sunrise: 7:37 AM  Sunset: 5:55 PM  Daylight: 10 hours and 18 minutes. | Sunrise: 7:36 AM  Sunset: 5:56 PM  Daylight: 10 hours and 19 minutes. | Sunrise: 7:35 AM  Sunset: 5:57 PM  Daylight: 10 hours and 21 minutes. |  |