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| --- | --- | --- | --- | --- | --- | --- |
|  | November 2024 | | | | | |
| Helena, Oklahoma, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 7:56 AM  Sunset: 6:36 PM  Daylight: 10 hours and 40 minutes. | Sunrise: 7:57 AM  Sunset: 6:35 PM  Daylight: 10 hours and 38 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 6:58 AM  Sunset: 5:34 PM  Daylight: 10 hours and 36 minutes. | Sunrise: 6:59 AM  Sunset: 5:33 PM  Daylight: 10 hours and 34 minutes. | Sunrise: 7:00 AM  Sunset: 5:32 PM  Daylight: 10 hours and 32 minutes. | Sunrise: 7:01 AM  Sunset: 5:31 PM  Daylight: 10 hours and 30 minutes. | Sunrise: 7:02 AM  Sunset: 5:30 PM  Daylight: 10 hours and 28 minutes. | Sunrise: 7:03 AM  Sunset: 5:29 PM  Daylight: 10 hours and 26 minutes. | Sunrise: 7:04 AM  Sunset: 5:29 PM  Daylight: 10 hours and 24 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 7:05 AM  Sunset: 5:28 PM  Daylight: 10 hours and 22 minutes. | Sunrise: 7:06 AM  Sunset: 5:27 PM  Daylight: 10 hours and 20 minutes. | Sunrise: 7:07 AM  Sunset: 5:26 PM  Daylight: 10 hours and 19 minutes. | Sunrise: 7:08 AM  Sunset: 5:25 PM  Daylight: 10 hours and 17 minutes. | Sunrise: 7:09 AM  Sunset: 5:25 PM  Daylight: 10 hours and 15 minutes. | Sunrise: 7:10 AM  Sunset: 5:24 PM  Daylight: 10 hours and 13 minutes. | Sunrise: 7:11 AM  Sunset: 5:23 PM  Daylight: 10 hours and 12 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 7:12 AM  Sunset: 5:23 PM  Daylight: 10 hours and 10 minutes. | Sunrise: 7:13 AM  Sunset: 5:22 PM  Daylight: 10 hours and 8 minutes. | Sunrise: 7:14 AM  Sunset: 5:22 PM  Daylight: 10 hours and 7 minutes. | Sunrise: 7:15 AM  Sunset: 5:21 PM  Daylight: 10 hours and 5 minutes. | Sunrise: 7:16 AM  Sunset: 5:20 PM  Daylight: 10 hours and 4 minutes. | Sunrise: 7:17 AM  Sunset: 5:20 PM  Daylight: 10 hours and 2 minutes. | Sunrise: 7:18 AM  Sunset: 5:20 PM  Daylight: 10 hours and 1 minute. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 7:19 AM  Sunset: 5:19 PM  Daylight: 9 hours and 59 minutes. | Sunrise: 7:20 AM  Sunset: 5:19 PM  Daylight: 9 hours and 58 minutes. | Sunrise: 7:21 AM  Sunset: 5:18 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 7:22 AM  Sunset: 5:18 PM  Daylight: 9 hours and 55 minutes. | Sunrise: 7:23 AM  Sunset: 5:18 PM  Daylight: 9 hours and 54 minutes. | Sunrise: 7:24 AM  Sunset: 5:18 PM  Daylight: 9 hours and 53 minutes. | Sunrise: 7:25 AM  Sunset: 5:17 PM  Daylight: 9 hours and 52 minutes. |