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|  | November 2024 |
| Helena, Oklahoma, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   |   |   | 1  | 2  |
|     |     |     |     |     | Sunrise: 7:56 AM Sunset: 6:36 PM Daylight: 10 hours and 40 minutes.  | Sunrise: 7:57 AM Sunset: 6:35 PM Daylight: 10 hours and 38 minutes.  |
| 3  | 4  | 5  | 6  | 7  | 8  | 9  |
| Sunrise: 6:58 AM Sunset: 5:34 PM Daylight: 10 hours and 36 minutes.  | Sunrise: 6:59 AM Sunset: 5:33 PM Daylight: 10 hours and 34 minutes.  | Sunrise: 7:00 AM Sunset: 5:32 PM Daylight: 10 hours and 32 minutes.  | Sunrise: 7:01 AM Sunset: 5:31 PM Daylight: 10 hours and 30 minutes.  | Sunrise: 7:02 AM Sunset: 5:30 PM Daylight: 10 hours and 28 minutes.  | Sunrise: 7:03 AM Sunset: 5:29 PM Daylight: 10 hours and 26 minutes.  | Sunrise: 7:04 AM Sunset: 5:29 PM Daylight: 10 hours and 24 minutes.  |
| 10  | 11  | 12  | 13  | 14  | 15  | 16  |
| Sunrise: 7:05 AM Sunset: 5:28 PM Daylight: 10 hours and 22 minutes.  | Sunrise: 7:06 AM Sunset: 5:27 PM Daylight: 10 hours and 20 minutes.  | Sunrise: 7:07 AM Sunset: 5:26 PM Daylight: 10 hours and 19 minutes.  | Sunrise: 7:08 AM Sunset: 5:25 PM Daylight: 10 hours and 17 minutes.  | Sunrise: 7:09 AM Sunset: 5:25 PM Daylight: 10 hours and 15 minutes.  | Sunrise: 7:10 AM Sunset: 5:24 PM Daylight: 10 hours and 13 minutes.  | Sunrise: 7:11 AM Sunset: 5:23 PM Daylight: 10 hours and 12 minutes.  |
| 17  | 18  | 19  | 20  | 21  | 22  | 23  |
| Sunrise: 7:12 AM Sunset: 5:23 PM Daylight: 10 hours and 10 minutes.  | Sunrise: 7:13 AM Sunset: 5:22 PM Daylight: 10 hours and 8 minutes.  | Sunrise: 7:14 AM Sunset: 5:22 PM Daylight: 10 hours and 7 minutes.  | Sunrise: 7:15 AM Sunset: 5:21 PM Daylight: 10 hours and 5 minutes.  | Sunrise: 7:16 AM Sunset: 5:20 PM Daylight: 10 hours and 4 minutes.  | Sunrise: 7:17 AM Sunset: 5:20 PM Daylight: 10 hours and 2 minutes.  | Sunrise: 7:18 AM Sunset: 5:20 PM Daylight: 10 hours and 1 minute.  |
| 24  | 25  | 26  | 27  | 28  | 29  | 30  |
| Sunrise: 7:19 AM Sunset: 5:19 PM Daylight: 9 hours and 59 minutes.  | Sunrise: 7:20 AM Sunset: 5:19 PM Daylight: 9 hours and 58 minutes.  | Sunrise: 7:21 AM Sunset: 5:18 PM Daylight: 9 hours and 57 minutes.  | Sunrise: 7:22 AM Sunset: 5:18 PM Daylight: 9 hours and 55 minutes.  | Sunrise: 7:23 AM Sunset: 5:18 PM Daylight: 9 hours and 54 minutes.  | Sunrise: 7:24 AM Sunset: 5:18 PM Daylight: 9 hours and 53 minutes.  | Sunrise: 7:25 AM Sunset: 5:17 PM Daylight: 9 hours and 52 minutes.  |