



# August 2024

## Helena, Oklahoma, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Sunrise: 6:39 AM Sunset: 8:39 PM Daylight: 14 hours and 0 minutes.	2 Sunrise: 6:40 AM Sunset: 8:38 PM Daylight: 13 hours and 58 minutes.	3 Sunrise: 6:41 AM Sunset: 8:37 PM Daylight: 13 hours and 56 minutes.
4 Sunrise: 6:41 AM Sunset: 8:36 PM Daylight: 13 hours and 54 minutes.	5 Sunrise: 6:42 AM Sunset: 8:35 PM Daylight: 13 hours and 52 minutes.	6 Sunrise: 6:43 AM Sunset: 8:34 PM Daylight: 13 hours and 51 minutes.	7 Sunrise: 6:44 AM Sunset: 8:33 PM Daylight: 13 hours and 49 minutes.	8 Sunrise: 6:45 AM Sunset: 8:32 PM Daylight: 13 hours and 47 minutes.	9 Sunrise: 6:45 AM Sunset: 8:31 PM Daylight: 13 hours and 45 minutes.	10 Sunrise: 6:46 AM Sunset: 8:30 PM Daylight: 13 hours and 43 minutes.
11 Sunrise: 6:47 AM Sunset: 8:29 PM Daylight: 13 hours and 41 minutes.	12 Sunrise: 6:48 AM Sunset: 8:27 PM Daylight: 13 hours and 39 minutes.	13 Sunrise: 6:49 AM Sunset: 8:26 PM Daylight: 13 hours and 37 minutes.	14 Sunrise: 6:49 AM Sunset: 8:25 PM Daylight: 13 hours and 35 minutes.	15 Sunrise: 6:50 AM Sunset: 8:24 PM Daylight: 13 hours and 33 minutes.	16 Sunrise: 6:51 AM Sunset: 8:23 PM Daylight: 13 hours and 31 minutes.	17 Sunrise: 6:52 AM Sunset: 8:21 PM Daylight: 13 hours and 29 minutes.
18 Sunrise: 6:53 AM Sunset: 8:20 PM Daylight: 13 hours and 27 minutes.	19 Sunrise: 6:54 AM Sunset: 8:19 PM Daylight: 13 hours and 25 minutes.	20 Sunrise: 6:54 AM Sunset: 8:18 PM Daylight: 13 hours and 23 minutes.	21 Sunrise: 6:55 AM Sunset: 8:16 PM Daylight: 13 hours and 21 minutes.	22 Sunrise: 6:56 AM Sunset: 8:15 PM Daylight: 13 hours and 19 minutes.	23 Sunrise: 6:57 AM Sunset: 8:14 PM Daylight: 13 hours and 16 minutes.	24 Sunrise: 6:58 AM Sunset: 8:12 PM Daylight: 13 hours and 14 minutes.
25 Sunrise: 6:58 AM Sunset: 8:11 PM Daylight: 13 hours and 12 minutes.	26 Sunrise: 6:59 AM Sunset: 8:10 PM Daylight: 13 hours and 10 minutes.	27 Sunrise: 7:00 AM Sunset: 8:08 PM Daylight: 13 hours and 8 minutes.	28 Sunrise: 7:01 AM Sunset: 8:07 PM Daylight: 13 hours and 6 minutes.	29 Sunrise: 7:02 AM Sunset: 8:06 PM Daylight: 13 hours and 3 minutes.	30 Sunrise: 7:02 AM Sunset: 8:04 PM Daylight: 13 hours and 1 minute.	31 Sunrise: 7:03 AM Sunset: 8:03 PM Daylight: 12 hours and 59 minutes.