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|  | August 2024 | | | | | |
| Helena, Alabama, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 6:00 AM  Sunset: 7:47 PM  Daylight: 13 hours and 46 minutes. | Sunrise: 6:01 AM  Sunset: 7:46 PM  Daylight: 13 hours and 45 minutes. | Sunrise: 6:01 AM  Sunset: 7:45 PM  Daylight: 13 hours and 43 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 6:02 AM  Sunset: 7:44 PM  Daylight: 13 hours and 42 minutes. | Sunrise: 6:03 AM  Sunset: 7:43 PM  Daylight: 13 hours and 40 minutes. | Sunrise: 6:03 AM  Sunset: 7:42 PM  Daylight: 13 hours and 38 minutes. | Sunrise: 6:04 AM  Sunset: 7:41 PM  Daylight: 13 hours and 37 minutes. | Sunrise: 6:05 AM  Sunset: 7:40 PM  Daylight: 13 hours and 35 minutes. | Sunrise: 6:05 AM  Sunset: 7:39 PM  Daylight: 13 hours and 33 minutes. | Sunrise: 6:06 AM  Sunset: 7:38 PM  Daylight: 13 hours and 32 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 6:07 AM  Sunset: 7:37 PM  Daylight: 13 hours and 30 minutes. | Sunrise: 6:08 AM  Sunset: 7:36 PM  Daylight: 13 hours and 28 minutes. | Sunrise: 6:08 AM  Sunset: 7:35 PM  Daylight: 13 hours and 27 minutes. | Sunrise: 6:09 AM  Sunset: 7:34 PM  Daylight: 13 hours and 25 minutes. | Sunrise: 6:10 AM  Sunset: 7:33 PM  Daylight: 13 hours and 23 minutes. | Sunrise: 6:10 AM  Sunset: 7:32 PM  Daylight: 13 hours and 21 minutes. | Sunrise: 6:11 AM  Sunset: 7:31 PM  Daylight: 13 hours and 19 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 6:12 AM  Sunset: 7:30 PM  Daylight: 13 hours and 18 minutes. | Sunrise: 6:12 AM  Sunset: 7:29 PM  Daylight: 13 hours and 16 minutes. | Sunrise: 6:13 AM  Sunset: 7:27 PM  Daylight: 13 hours and 14 minutes. | Sunrise: 6:14 AM  Sunset: 7:26 PM  Daylight: 13 hours and 12 minutes. | Sunrise: 6:14 AM  Sunset: 7:25 PM  Daylight: 13 hours and 10 minutes. | Sunrise: 6:15 AM  Sunset: 7:24 PM  Daylight: 13 hours and 8 minutes. | Sunrise: 6:16 AM  Sunset: 7:23 PM  Daylight: 13 hours and 6 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 6:16 AM  Sunset: 7:21 PM  Daylight: 13 hours and 4 minutes. | Sunrise: 6:17 AM  Sunset: 7:20 PM  Daylight: 13 hours and 3 minutes. | Sunrise: 6:18 AM  Sunset: 7:19 PM  Daylight: 13 hours and 1 minute. | Sunrise: 6:19 AM  Sunset: 7:18 PM  Daylight: 12 hours and 59 minutes. | Sunrise: 6:19 AM  Sunset: 7:16 PM  Daylight: 12 hours and 57 minutes. | Sunrise: 6:20 AM  Sunset: 7:15 PM  Daylight: 12 hours and 55 minutes. | Sunrise: 6:21 AM  Sunset: 7:14 PM  Daylight: 12 hours and 53 minutes. |