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|  | August 2024 |
| Helena, Alabama, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   |   | 1  | 2  | 3  |
|     |     |     |     | Sunrise: 6:00 AM Sunset: 7:47 PM Daylight: 13 hours and 46 minutes.  | Sunrise: 6:01 AM Sunset: 7:46 PM Daylight: 13 hours and 45 minutes.  | Sunrise: 6:01 AM Sunset: 7:45 PM Daylight: 13 hours and 43 minutes.  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10  |
| Sunrise: 6:02 AM Sunset: 7:44 PM Daylight: 13 hours and 42 minutes.  | Sunrise: 6:03 AM Sunset: 7:43 PM Daylight: 13 hours and 40 minutes.  | Sunrise: 6:03 AM Sunset: 7:42 PM Daylight: 13 hours and 38 minutes.  | Sunrise: 6:04 AM Sunset: 7:41 PM Daylight: 13 hours and 37 minutes.  | Sunrise: 6:05 AM Sunset: 7:40 PM Daylight: 13 hours and 35 minutes.  | Sunrise: 6:05 AM Sunset: 7:39 PM Daylight: 13 hours and 33 minutes.  | Sunrise: 6:06 AM Sunset: 7:38 PM Daylight: 13 hours and 32 minutes.  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| Sunrise: 6:07 AM Sunset: 7:37 PM Daylight: 13 hours and 30 minutes.  | Sunrise: 6:08 AM Sunset: 7:36 PM Daylight: 13 hours and 28 minutes.  | Sunrise: 6:08 AM Sunset: 7:35 PM Daylight: 13 hours and 27 minutes.  | Sunrise: 6:09 AM Sunset: 7:34 PM Daylight: 13 hours and 25 minutes.  | Sunrise: 6:10 AM Sunset: 7:33 PM Daylight: 13 hours and 23 minutes.  | Sunrise: 6:10 AM Sunset: 7:32 PM Daylight: 13 hours and 21 minutes.  | Sunrise: 6:11 AM Sunset: 7:31 PM Daylight: 13 hours and 19 minutes.  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| Sunrise: 6:12 AM Sunset: 7:30 PM Daylight: 13 hours and 18 minutes.  | Sunrise: 6:12 AM Sunset: 7:29 PM Daylight: 13 hours and 16 minutes.  | Sunrise: 6:13 AM Sunset: 7:27 PM Daylight: 13 hours and 14 minutes.  | Sunrise: 6:14 AM Sunset: 7:26 PM Daylight: 13 hours and 12 minutes.  | Sunrise: 6:14 AM Sunset: 7:25 PM Daylight: 13 hours and 10 minutes.  | Sunrise: 6:15 AM Sunset: 7:24 PM Daylight: 13 hours and 8 minutes.  | Sunrise: 6:16 AM Sunset: 7:23 PM Daylight: 13 hours and 6 minutes.  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |
| Sunrise: 6:16 AM Sunset: 7:21 PM Daylight: 13 hours and 4 minutes.  | Sunrise: 6:17 AM Sunset: 7:20 PM Daylight: 13 hours and 3 minutes.  | Sunrise: 6:18 AM Sunset: 7:19 PM Daylight: 13 hours and 1 minute.  | Sunrise: 6:19 AM Sunset: 7:18 PM Daylight: 12 hours and 59 minutes.  | Sunrise: 6:19 AM Sunset: 7:16 PM Daylight: 12 hours and 57 minutes.  | Sunrise: 6:20 AM Sunset: 7:15 PM Daylight: 12 hours and 55 minutes.  | Sunrise: 6:21 AM Sunset: 7:14 PM Daylight: 12 hours and 53 minutes.  |