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|  | July 2024 |
| Umba, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 2:30 AM    | Sunrise: 1:02 AM Sunset: 12:33 AM Daylight: 23 hours and 31 minutes.  | Sunrise: 1:16 AM Sunset: 12:19 AM Daylight: 23 hours and 3 minutes.  | Sunrise: 1:25 AM Sunset: 12:10 AM Daylight: 22 hours and 44 minutes.  | Sunrise: 1:33 AM Sunset: 12:02 AM Daylight: 22 hours and 28 minutes.  | Sunrise: 1:40 AM Sunset: 11:55 PM Daylight: 22 hours and 14 minutes.  | Sunrise: 1:47 AM Sunset: 11:49 PM Daylight: 22 hours and 1 minute.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 1:53 AM Sunset: 11:43 PM Daylight: 21 hours and 49 minutes.  | Sunrise: 1:59 AM Sunset: 11:37 PM Daylight: 21 hours and 38 minutes.  | Sunrise: 2:05 AM Sunset: 11:32 PM Daylight: 21 hours and 26 minutes.  | Sunrise: 2:10 AM Sunset: 11:26 PM Daylight: 21 hours and 16 minutes.  | Sunrise: 2:15 AM Sunset: 11:21 PM Daylight: 21 hours and 5 minutes.  | Sunrise: 2:21 AM Sunset: 11:16 PM Daylight: 20 hours and 55 minutes.  | Sunrise: 2:26 AM Sunset: 11:11 PM Daylight: 20 hours and 45 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 2:30 AM Sunset: 11:07 PM Daylight: 20 hours and 36 minutes.  | Sunrise: 2:35 AM Sunset: 11:02 PM Daylight: 20 hours and 26 minutes.  | Sunrise: 2:40 AM Sunset: 10:57 PM Daylight: 20 hours and 17 minutes.  | Sunrise: 2:45 AM Sunset: 10:53 PM Daylight: 20 hours and 7 minutes.  | Sunrise: 2:49 AM Sunset: 10:48 PM Daylight: 19 hours and 58 minutes.  | Sunrise: 2:54 AM Sunset: 10:44 PM Daylight: 19 hours and 49 minutes.  | Sunrise: 2:58 AM Sunset: 10:39 PM Daylight: 19 hours and 40 minutes.  |
| 28  | 29  | 30  | 31  |   |   |   |
| Sunrise: 3:03 AM Sunset: 10:35 PM Daylight: 19 hours and 32 minutes.  | Sunrise: 3:07 AM Sunset: 10:30 PM Daylight: 19 hours and 23 minutes.  | Sunrise: 3:11 AM Sunset: 10:26 PM Daylight: 19 hours and 14 minutes.  | Sunrise: 3:16 AM Sunset: 10:22 PM Daylight: 19 hours and 5 minutes.  |     |     |     |