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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2024 | | | | | |
| Umba, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 2:30 AM | Sunrise: 1:02 AM  Sunset: 12:33 AM  Daylight: 23 hours and 31 minutes. | Sunrise: 1:16 AM  Sunset: 12:19 AM  Daylight: 23 hours and 3 minutes. | Sunrise: 1:25 AM  Sunset: 12:10 AM  Daylight: 22 hours and 44 minutes. | Sunrise: 1:33 AM  Sunset: 12:02 AM  Daylight: 22 hours and 28 minutes. | Sunrise: 1:40 AM  Sunset: 11:55 PM  Daylight: 22 hours and 14 minutes. | Sunrise: 1:47 AM  Sunset: 11:49 PM  Daylight: 22 hours and 1 minute. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 1:53 AM  Sunset: 11:43 PM  Daylight: 21 hours and 49 minutes. | Sunrise: 1:59 AM  Sunset: 11:37 PM  Daylight: 21 hours and 38 minutes. | Sunrise: 2:05 AM  Sunset: 11:32 PM  Daylight: 21 hours and 26 minutes. | Sunrise: 2:10 AM  Sunset: 11:26 PM  Daylight: 21 hours and 16 minutes. | Sunrise: 2:15 AM  Sunset: 11:21 PM  Daylight: 21 hours and 5 minutes. | Sunrise: 2:21 AM  Sunset: 11:16 PM  Daylight: 20 hours and 55 minutes. | Sunrise: 2:26 AM  Sunset: 11:11 PM  Daylight: 20 hours and 45 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 2:30 AM  Sunset: 11:07 PM  Daylight: 20 hours and 36 minutes. | Sunrise: 2:35 AM  Sunset: 11:02 PM  Daylight: 20 hours and 26 minutes. | Sunrise: 2:40 AM  Sunset: 10:57 PM  Daylight: 20 hours and 17 minutes. | Sunrise: 2:45 AM  Sunset: 10:53 PM  Daylight: 20 hours and 7 minutes. | Sunrise: 2:49 AM  Sunset: 10:48 PM  Daylight: 19 hours and 58 minutes. | Sunrise: 2:54 AM  Sunset: 10:44 PM  Daylight: 19 hours and 49 minutes. | Sunrise: 2:58 AM  Sunset: 10:39 PM  Daylight: 19 hours and 40 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 3:03 AM  Sunset: 10:35 PM  Daylight: 19 hours and 32 minutes. | Sunrise: 3:07 AM  Sunset: 10:30 PM  Daylight: 19 hours and 23 minutes. | Sunrise: 3:11 AM  Sunset: 10:26 PM  Daylight: 19 hours and 14 minutes. | Sunrise: 3:16 AM  Sunset: 10:22 PM  Daylight: 19 hours and 5 minutes. |  |  |  |