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|  | July 2024 |
| Ukhta, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 1:16 AM Sunset: 9:42 PM Daylight: 20 hours and 25 minutes.  | Sunrise: 1:17 AM Sunset: 9:40 PM Daylight: 20 hours and 22 minutes.  | Sunrise: 1:19 AM Sunset: 9:39 PM Daylight: 20 hours and 19 minutes.  | Sunrise: 1:21 AM Sunset: 9:37 PM Daylight: 20 hours and 16 minutes.  | Sunrise: 1:23 AM Sunset: 9:36 PM Daylight: 20 hours and 12 minutes.  | Sunrise: 1:25 AM Sunset: 9:34 PM Daylight: 20 hours and 8 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 1:28 AM Sunset: 9:32 PM Daylight: 20 hours and 4 minutes.  | Sunrise: 1:30 AM Sunset: 9:30 PM Daylight: 20 hours and 0 minutes.  | Sunrise: 1:32 AM Sunset: 9:28 PM Daylight: 19 hours and 55 minutes.  | Sunrise: 1:35 AM Sunset: 9:26 PM Daylight: 19 hours and 50 minutes.  | Sunrise: 1:37 AM Sunset: 9:23 PM Daylight: 19 hours and 46 minutes.  | Sunrise: 1:40 AM Sunset: 9:21 PM Daylight: 19 hours and 41 minutes.  | Sunrise: 1:42 AM Sunset: 9:19 PM Daylight: 19 hours and 36 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 1:45 AM Sunset: 9:16 PM Daylight: 19 hours and 31 minutes.  | Sunrise: 1:48 AM Sunset: 9:14 PM Daylight: 19 hours and 25 minutes.  | Sunrise: 1:51 AM Sunset: 9:11 PM Daylight: 19 hours and 20 minutes.  | Sunrise: 1:53 AM Sunset: 9:09 PM Daylight: 19 hours and 15 minutes.  | Sunrise: 1:56 AM Sunset: 9:06 PM Daylight: 19 hours and 9 minutes.  | Sunrise: 1:59 AM Sunset: 9:03 PM Daylight: 19 hours and 4 minutes.  | Sunrise: 2:02 AM Sunset: 9:00 PM Daylight: 18 hours and 58 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 2:05 AM Sunset: 8:58 PM Daylight: 18 hours and 52 minutes.  | Sunrise: 2:08 AM Sunset: 8:55 PM Daylight: 18 hours and 46 minutes.  | Sunrise: 2:11 AM Sunset: 8:52 PM Daylight: 18 hours and 40 minutes.  | Sunrise: 2:14 AM Sunset: 8:49 PM Daylight: 18 hours and 35 minutes.  | Sunrise: 2:17 AM Sunset: 8:46 PM Daylight: 18 hours and 29 minutes.  | Sunrise: 2:20 AM Sunset: 8:43 PM Daylight: 18 hours and 23 minutes.  | Sunrise: 2:23 AM Sunset: 8:40 PM Daylight: 18 hours and 17 minutes.  |
| 28  | 29  | 30  | 31  |   |   |   |
| Sunrise: 2:26 AM Sunset: 8:37 PM Daylight: 18 hours and 10 minutes.  | Sunrise: 2:29 AM Sunset: 8:34 PM Daylight: 18 hours and 4 minutes.  | Sunrise: 2:32 AM Sunset: 8:31 PM Daylight: 17 hours and 58 minutes.  | Sunrise: 2:35 AM Sunset: 8:27 PM Daylight: 17 hours and 52 minutes.  |     |     |     |