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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2024 | | | | | |
| Polyarnyye Zori, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 1:05 AM  Sunset: 12:46 AM  Daylight: 23 hours and 40 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 1:25 AM  Sunset: 12:26 AM  Daylight: 23 hours and 1 minute. | Sunrise: 1:36 AM  Sunset: 12:15 AM  Daylight: 22 hours and 38 minutes. | Sunrise: 1:46 AM  Sunset: 12:06 AM  Daylight: 22 hours and 19 minutes. | Sunrise: 1:54 AM  Sunset: 11:58 PM  Daylight: 22 hours and 3 minutes. | Sunrise: 2:01 AM  Sunset: 11:50 PM  Daylight: 21 hours and 49 minutes. | Sunrise: 2:08 AM  Sunset: 11:44 PM  Daylight: 21 hours and 35 minutes. | Sunrise: 2:14 AM  Sunset: 11:37 PM  Daylight: 21 hours and 23 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 2:20 AM  Sunset: 11:31 PM  Daylight: 21 hours and 11 minutes. | Sunrise: 2:26 AM  Sunset: 11:26 PM  Daylight: 20 hours and 59 minutes. | Sunrise: 2:32 AM  Sunset: 11:20 PM  Daylight: 20 hours and 48 minutes. | Sunrise: 2:37 AM  Sunset: 11:15 PM  Daylight: 20 hours and 37 minutes. | Sunrise: 2:43 AM  Sunset: 11:09 PM  Daylight: 20 hours and 26 minutes. | Sunrise: 2:48 AM  Sunset: 11:04 PM  Daylight: 20 hours and 16 minutes. | Sunrise: 2:53 AM  Sunset: 10:59 PM  Daylight: 20 hours and 6 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 2:58 AM  Sunset: 10:54 PM  Daylight: 19 hours and 56 minutes. | Sunrise: 3:03 AM  Sunset: 10:49 PM  Daylight: 19 hours and 46 minutes. | Sunrise: 3:08 AM  Sunset: 10:44 PM  Daylight: 19 hours and 36 minutes. | Sunrise: 3:12 AM  Sunset: 10:39 PM  Daylight: 19 hours and 27 minutes. |  |  |  |