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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2024 | | | | | |
| Olenegorsk, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 1:10 AM  Sunset: 12:36 AM  Daylight: 23 hours and 26 minutes. | Sunrise: 1:28 AM  Sunset: 12:18 AM  Daylight: 22 hours and 49 minutes. | Sunrise: 1:40 AM  Sunset: 12:06 AM  Daylight: 22 hours and 25 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 1:50 AM  Sunset: 11:56 PM  Daylight: 22 hours and 6 minutes. | Sunrise: 1:58 AM  Sunset: 11:48 PM  Daylight: 21 hours and 49 minutes. | Sunrise: 2:06 AM  Sunset: 11:40 PM  Daylight: 21 hours and 33 minutes. | Sunrise: 2:13 AM  Sunset: 11:33 PM  Daylight: 21 hours and 19 minutes. | Sunrise: 2:20 AM  Sunset: 11:26 PM  Daylight: 21 hours and 5 minutes. | Sunrise: 2:27 AM  Sunset: 11:19 PM  Daylight: 20 hours and 52 minutes. | Sunrise: 2:33 AM  Sunset: 11:13 PM  Daylight: 20 hours and 40 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 2:39 AM  Sunset: 11:07 PM  Daylight: 20 hours and 28 minutes. | Sunrise: 2:44 AM  Sunset: 11:01 PM  Daylight: 20 hours and 16 minutes. | Sunrise: 2:50 AM  Sunset: 10:56 PM  Daylight: 20 hours and 5 minutes. | Sunrise: 2:55 AM  Sunset: 10:50 PM  Daylight: 19 hours and 54 minutes. |  |  |  |