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|  | July 2024 |
| Kandalaksha, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 1:17 AM Sunset: 12:34 AM Daylight: 23 hours and 17 minutes.  | Sunrise: 1:30 AM Sunset: 12:21 AM Daylight: 22 hours and 51 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 1:40 AM Sunset: 12:12 AM Daylight: 22 hours and 31 minutes.  | Sunrise: 1:48 AM Sunset: 12:03 AM Daylight: 22 hours and 15 minutes.  | Sunrise: 1:56 AM Sunset: 11:56 PM Daylight: 22 hours and 0 minutes.  | Sunrise: 2:03 AM Sunset: 11:49 PM Daylight: 21 hours and 46 minutes.  | Sunrise: 2:09 AM Sunset: 11:43 PM Daylight: 21 hours and 34 minutes.  | Sunrise: 2:15 AM Sunset: 11:37 PM Daylight: 21 hours and 21 minutes.  | Sunrise: 2:21 AM Sunset: 11:31 PM Daylight: 21 hours and 10 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 2:27 AM Sunset: 11:26 PM Daylight: 20 hours and 59 minutes.  | Sunrise: 2:32 AM Sunset: 11:20 PM Daylight: 20 hours and 48 minutes.  | Sunrise: 2:38 AM Sunset: 11:15 PM Daylight: 20 hours and 37 minutes.  | Sunrise: 2:43 AM Sunset: 11:10 PM Daylight: 20 hours and 27 minutes.  | Sunrise: 2:48 AM Sunset: 11:05 PM Daylight: 20 hours and 17 minutes.  | Sunrise: 2:53 AM Sunset: 11:00 PM Daylight: 20 hours and 7 minutes.  | Sunrise: 2:58 AM Sunset: 10:55 PM Daylight: 19 hours and 57 minutes.  |
| 28  | 29  | 30  | 31  |   |   |   |
| Sunrise: 3:02 AM Sunset: 10:50 PM Daylight: 19 hours and 48 minutes.  | Sunrise: 3:07 AM Sunset: 10:46 PM Daylight: 19 hours and 38 minutes.  | Sunrise: 3:12 AM Sunset: 10:41 PM Daylight: 19 hours and 29 minutes.  | Sunrise: 3:16 AM Sunset: 10:36 PM Daylight: 19 hours and 20 minutes.  |     |     |     |