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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2024 | | | | | |
| Kandalaksha, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 1:17 AM  Sunset: 12:34 AM  Daylight: 23 hours and 17 minutes. | Sunrise: 1:30 AM  Sunset: 12:21 AM  Daylight: 22 hours and 51 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 1:40 AM  Sunset: 12:12 AM  Daylight: 22 hours and 31 minutes. | Sunrise: 1:48 AM  Sunset: 12:03 AM  Daylight: 22 hours and 15 minutes. | Sunrise: 1:56 AM  Sunset: 11:56 PM  Daylight: 22 hours and 0 minutes. | Sunrise: 2:03 AM  Sunset: 11:49 PM  Daylight: 21 hours and 46 minutes. | Sunrise: 2:09 AM  Sunset: 11:43 PM  Daylight: 21 hours and 34 minutes. | Sunrise: 2:15 AM  Sunset: 11:37 PM  Daylight: 21 hours and 21 minutes. | Sunrise: 2:21 AM  Sunset: 11:31 PM  Daylight: 21 hours and 10 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 2:27 AM  Sunset: 11:26 PM  Daylight: 20 hours and 59 minutes. | Sunrise: 2:32 AM  Sunset: 11:20 PM  Daylight: 20 hours and 48 minutes. | Sunrise: 2:38 AM  Sunset: 11:15 PM  Daylight: 20 hours and 37 minutes. | Sunrise: 2:43 AM  Sunset: 11:10 PM  Daylight: 20 hours and 27 minutes. | Sunrise: 2:48 AM  Sunset: 11:05 PM  Daylight: 20 hours and 17 minutes. | Sunrise: 2:53 AM  Sunset: 11:00 PM  Daylight: 20 hours and 7 minutes. | Sunrise: 2:58 AM  Sunset: 10:55 PM  Daylight: 19 hours and 57 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 3:02 AM  Sunset: 10:50 PM  Daylight: 19 hours and 48 minutes. | Sunrise: 3:07 AM  Sunset: 10:46 PM  Daylight: 19 hours and 38 minutes. | Sunrise: 3:12 AM  Sunset: 10:41 PM  Daylight: 19 hours and 29 minutes. | Sunrise: 3:16 AM  Sunset: 10:36 PM  Daylight: 19 hours and 20 minutes. |  |  |  |