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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2024 | | | | | |
| Frosta, Trondelag, Norway | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 3:07 AM  Sunset: 11:34 PM  Daylight: 20 hours and 26 minutes. | Sunrise: 3:09 AM  Sunset: 11:33 PM  Daylight: 20 hours and 23 minutes. | Sunrise: 3:11 AM  Sunset: 11:31 PM  Daylight: 20 hours and 20 minutes. | Sunrise: 3:13 AM  Sunset: 11:29 PM  Daylight: 20 hours and 16 minutes. | Sunrise: 3:15 AM  Sunset: 11:28 PM  Daylight: 20 hours and 13 minutes. | Sunrise: 3:17 AM  Sunset: 11:26 PM  Daylight: 20 hours and 9 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 3:19 AM  Sunset: 11:24 PM  Daylight: 20 hours and 5 minutes. | Sunrise: 3:21 AM  Sunset: 11:22 PM  Daylight: 20 hours and 0 minutes. | Sunrise: 3:24 AM  Sunset: 11:20 PM  Daylight: 19 hours and 56 minutes. | Sunrise: 3:26 AM  Sunset: 11:18 PM  Daylight: 19 hours and 51 minutes. | Sunrise: 3:29 AM  Sunset: 11:16 PM  Daylight: 19 hours and 46 minutes. | Sunrise: 3:31 AM  Sunset: 11:13 PM  Daylight: 19 hours and 42 minutes. | Sunrise: 3:34 AM  Sunset: 11:11 PM  Daylight: 19 hours and 36 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 3:37 AM  Sunset: 11:08 PM  Daylight: 19 hours and 31 minutes. | Sunrise: 3:39 AM  Sunset: 11:06 PM  Daylight: 19 hours and 26 minutes. | Sunrise: 3:42 AM  Sunset: 11:03 PM  Daylight: 19 hours and 21 minutes. | Sunrise: 3:45 AM  Sunset: 11:01 PM  Daylight: 19 hours and 15 minutes. | Sunrise: 3:48 AM  Sunset: 10:58 PM  Daylight: 19 hours and 10 minutes. | Sunrise: 3:51 AM  Sunset: 10:55 PM  Daylight: 19 hours and 4 minutes. | Sunrise: 3:53 AM  Sunset: 10:52 PM  Daylight: 18 hours and 58 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 3:56 AM  Sunset: 10:50 PM  Daylight: 18 hours and 53 minutes. | Sunrise: 3:59 AM  Sunset: 10:47 PM  Daylight: 18 hours and 47 minutes. | Sunrise: 4:02 AM  Sunset: 10:44 PM  Daylight: 18 hours and 41 minutes. | Sunrise: 4:05 AM  Sunset: 10:41 PM  Daylight: 18 hours and 35 minutes. | Sunrise: 4:08 AM  Sunset: 10:38 PM  Daylight: 18 hours and 29 minutes. | Sunrise: 4:11 AM  Sunset: 10:35 PM  Daylight: 18 hours and 23 minutes. | Sunrise: 4:14 AM  Sunset: 10:32 PM  Daylight: 18 hours and 17 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 4:17 AM  Sunset: 10:29 PM  Daylight: 18 hours and 11 minutes. | Sunrise: 4:20 AM  Sunset: 10:26 PM  Daylight: 18 hours and 5 minutes. | Sunrise: 4:23 AM  Sunset: 10:23 PM  Daylight: 17 hours and 59 minutes. | Sunrise: 4:26 AM  Sunset: 10:19 PM  Daylight: 17 hours and 52 minutes. |  |  |  |